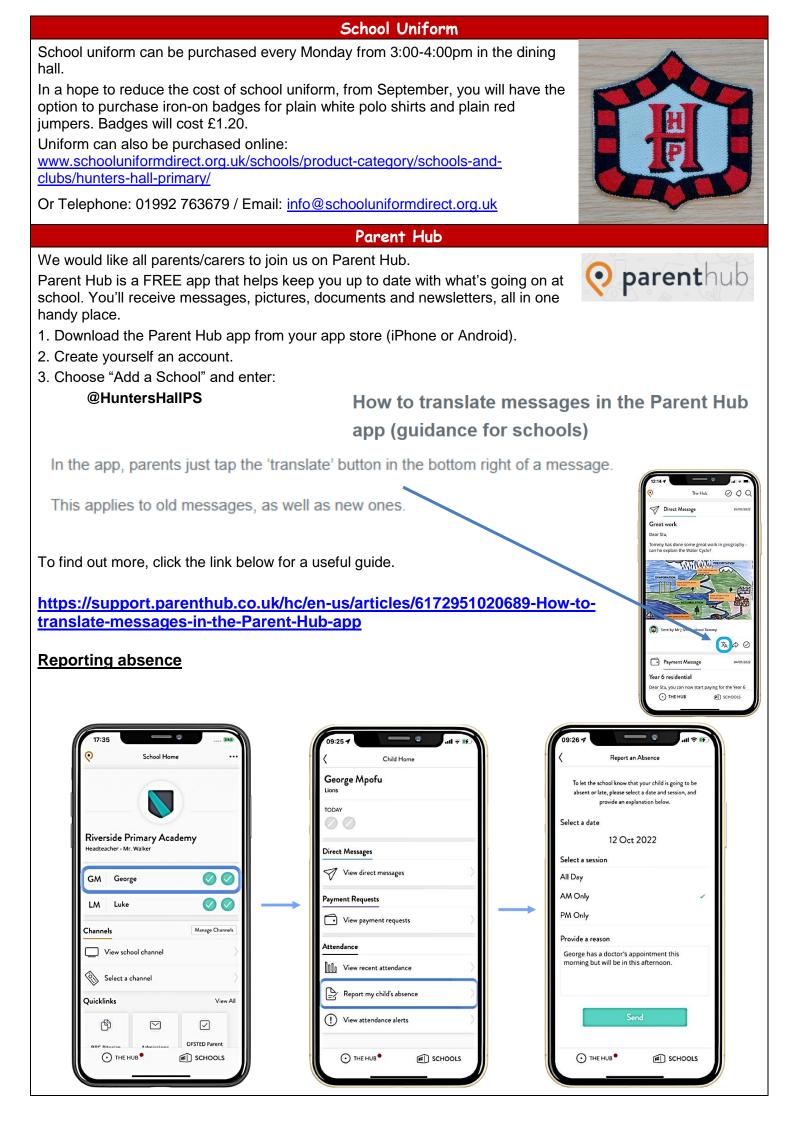
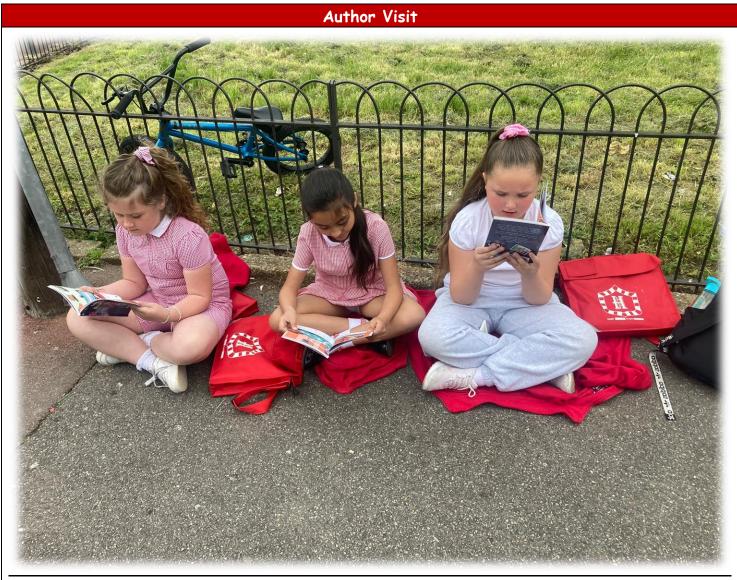


# Hunters Hall Primary School Snippets

Issue: 31 May 2023

Dates for the Diary	Dear Parent/Carer,			
Summer Term				
Monday 22 <sup>nd</sup> May – 4R & 4TH visit to Valence House Wednesday 24 <sup>th</sup> May – Yr6 Junior Citizen Thursday 25 <sup>th</sup> May – 4G visit to Valence House	We feel heartened this week by the number of acts of kindness we have witnessed amongst our community. Daily, we see our children, staff and parents demonstrate kindness through small acts as simple as a smile.			
Monday 29 <sup>th</sup> May to Friday 2 <sup>nd</sup> June – Half Term Holidays Monday 5 <sup>th</sup> June – INSET Day (school closed to pupils) Monday 12 <sup>th</sup> June; Wednesday 14 <sup>th</sup> June &	Acknowledging each other and doing simple acts of kindness releases happiness hormones which boost serotonin which spreads feelings of wellbeing throughout our body. Being kind is good for our health!			
<ul> <li>Thursday 15<sup>th</sup> June – Reception visits to</li> <li>Stepney Green City Farm</li> <li>Thursday 15<sup>th</sup> June – Class/ group</li> <li>photographs</li> <li>Tuesday 27<sup>th</sup> June – Road Safety Roadshow</li> <li>Wednesday 28<sup>th</sup> June – 3G Upminster</li> </ul>	Sometimes people go beyond such simple acts and inconvenience themselves so they can help someone in need. Science tells us that not only does this benefit the person being helped and supported but also the person giving.			
Bridge visit <b>Thursday 29<sup>th</sup> June</b> – 3Z & 3T Upminster Bridge visit	Kindness has also been proven to relieve anxiety – the theme of this week's Mental Health Awareness. Being nice to others can be one of the easiest ways to keep anxiety at bay – and it doesn't cost anything.			
Thrive School of Excellence	Our school is a sea of green today to remind us that we must look after our own mental health and extend that kindness to ourselves. That kindness may be as simple as getting our basic needs met: getting enough sleep; eating healthily; being active and connecting with loved ones. We hope you manage			
thrive	all of these this weekend. Have a lovely weekend, and good mental health.			
Thrive School	Selina Frazer and Michael Kaitell			
of Excellence 2023	Co-Headteachers			
Team Points	Attendance			
TEAM POINTS	ngratulations to 1K in Key Stage 1 who achieved <u>99.11%</u> s week and to 6L in Key Stage 2 with <u>99.11%</u>			
Tigers 342	ClassAttendance %ClassAttendance %Attendance %			
	RB         92.86         2D         95.00         4TH         96.00			
Bears 415	RH91.672K97.075A96.43RR98.663G95.095D95.98			
	1H         89.73         3T         92.67         5Y         93.52			
Wolves 521	1K         99.11         3Z         94.81         6E         95.69           1L         95.69         4G         97.00         6L         99.11			
Sharks 547	2A         95.83         4R         92.31         6N         92.86			
Komodo Dragon 338				





Banji Alexander's visit on Wednesday definitely had an impact on three children. After school, they could be seen totally engrossed in his book: "Lockdown Looms" <u>https://banjialexander.com/</u>



**Ride For Freedom** 

The Becontree Bike Hub will be open, to help the community with their bikes - get them out this summer to commute or a ride in the Chase Nature Reserve safely.

The opening times will be -Mondays and Thursdays 8am - 12pm Saturdays 10am - 2pm

The Hunters Hall Ambassadors represented the school well.

Councillor Jane Jones was there and showed a huge interest in the Ride For Freedom Schools' Programme which is a brilliant step in reaching out to more schools.



We met all the companies involved in helping set up the container and the children had a photo with them.

Ride For Freedom were proud to have our ambassadors there as part of the support for Ride For Freedom and helping to raise awareness of modern-day slavery.





Mental Health Conversation Starters

More and more people are experiencing poor mental health. That's why Pudsey's removed his bandana, to show that mental health issues are often less visible and to encourage conversations that can help.

Just like adults, children can have daily worries. Listening to how young people feel and supporting them to seek help when they need it, can all begin with an ordinary conversation. Starting these conversations and helping young people to work out problems by talking about them, can really help to keep a young person's mental health on track.

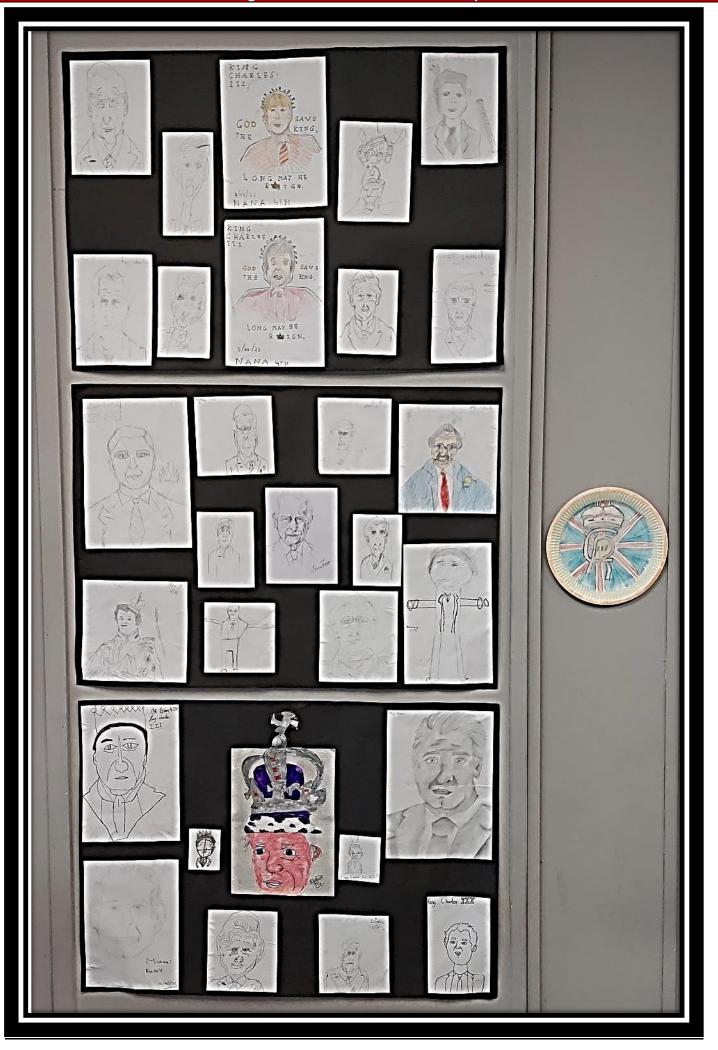
We know it can be tough to know what to say though. So if you're looking for ways to start a healthy discussion, try some of these simple

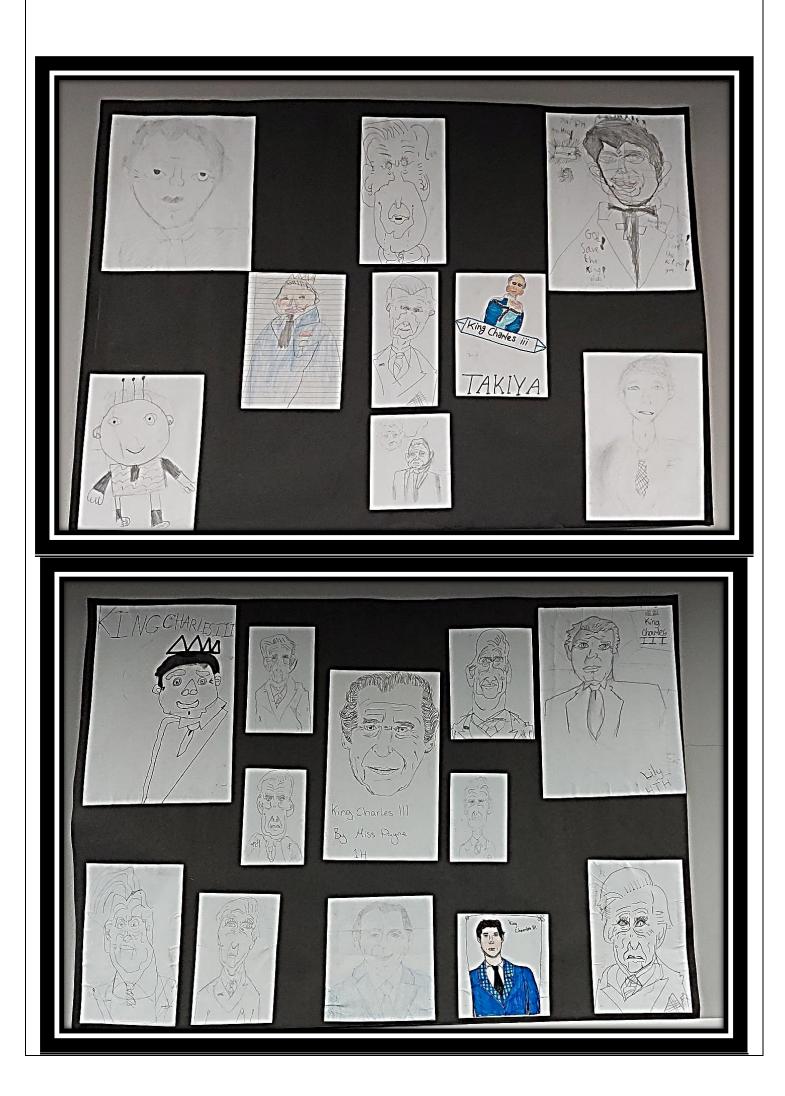


conversation starters: What made you feel happy today? Where do you feel safe and calm? What would your ideal day be like? What difficult things are you going through at the moment? What colour/ animal represents how you feel today?

And remember, talking doesn't have to be a formal affair. Why not play a game, go for a walk, craft or bake whilst you chat – pick an activity that you both enjoy so it feels natural – there are lots of ways to ease yourself into a conversation that can make a real difference.

#### King Charles III Portrait Gallery





#### Football Trial Day





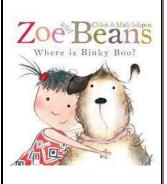
David-Emanuel (4G) made a fantastic Roman Villa for his Roman homework. David always goes above and beyond in his homework. But this is his finest piece yet.

Well done, David!

Keep up the good work!

### **Reading for Pleasure Matters at Hunters Hall**

Ever got stuck when choosing a book to buy or borrow from the library? Ever wondered what your teachers, family or friends like to read? Well, our new weekly book review section is just what you need! Here are Mrs Willat's recommendations:



#### Reading interest: 4-8

'Zoe and Beans - Where is Binky Boo?' by Chloe and Mick Inkpen is one of my favourite picture books. Everyone has a favourite toy that they want to take everywhere! And we all know that these toys can get very stinky!

#### Reading interest: 8-12

I've always loved going to London with my children. One summer we did 'mudlarking' with the Museum of London, Docklands. They took us out on to the banks of the River Thames at low tide to find relics from the past. 'The Thames and Tide Club' by Katya Balen is a great fantasy book with a strange underwater world and a mission to solve!



#### Reading interest: 10-adult

I bought 'Would You Rather for 10 Year Olds' for my 10 year old son who prefers football to reading! There are lots of 'would you rather..' scenarios which will make everyone laugh!







#### Community Hub Flyers

#### **COMMUNITY FOOD CLUB**

Food for thought



What's on – Marks Gate Community Hub		10.00-12.00 - Digital Champion- offering IT support. 11.00-14.00 Jummah Prayers.		
Monday		16.30-21.30 - NMS Boxing Club *Booking on		
09:00 - 17:00 - Library service *computers turn off at 16:45 09:00 - 17:00 - Library service *computers turn off at 16:45 09:30-11:30 - Esol classes term time only. 09:45-12:15- Diabetes Prevention 10:00 - 16:00 - Self Service baby weighing. 10:30 - 11:15 - Story and Rhyme. 12:00 - 13:30- Phonics workshop 2 ½ years - 4 years NMS. 12:00 - 14:00 - Esol classes *term time only.		17.00-19.00- Tuition. Saturday Please note Library services are 9.00-12.00- Private tuition. More information Sunday 18.30-20.30 - Madrasah.	closed.	
12.00 – 14.00 – Pennu Over 60s coffee morning * last Monday of every month. 17.45-18.45- GCSE Chemistry lessons		Please note all sessions are free of charge unless otherwise stated.		
18.00-20.00- Arabic and Madrasa classes 19.00-20.00- Community Supermarket//Soup Kitchen.		Ante/Postnatal clinic Post-natal for new-born baby checks. Booking through your midwife required.		
Tuesclay 09:00 – 17:00 – Library service *computers turn off at 16:45 09:00 – 16:00 – Midwife Clinic 10.00 – 11:30 – Messy Play.		Baby Massage – Baby Massage course – helps babies with digestion		
09:30 – 11:30 – Nelssy Hay. 09:30 – 16:00 – Self Service Baby Weighing. 10:00 – 12:00 – Knit & Knatter		Church Services - Take place every Sunday.		
13.00-17.00 - BRIC Substance misuse sessions. 17.30-19.30 - Madrasah 15.4516.45-Street Dance.		Community Food Club – Weekly support with groceries for those in debt or financial hardship. T&C apply		
16.15-18.15. Future Youth Zone-Youth Club-(7–12-year-olds) 17.00-19.00 - A-Level Tuition 18.30-20.45 - Future Youth Zone- Youth Club (13–18-year-olds)		Community Warm spaces – Come join us for tea, coffee and a chat. Free service, open to all. Monday- Friday 10.00am- 16.00pm.		
Wednesday 09:00 – 17:00 – Library service *computers turn off at 16:45		Diabetes Prevention- Will be holding sessions in the main hall		
09.00-12.00 - Maths Tuition-ESOL 09.00-16.00 - Midwife Clinic.		Dagenham Eagles Haf Programme-April 5 <sup>th</sup> , 6 <sup>th</sup> , 12 <sup>th</sup> and 13 <sup>th</sup> 10.00am-16.00pm		
10.00 – 16:00 – Self Service Baby Weighing. 11.00 – 13.00 – Community Food Club *Members Only.		Digital Champion Support -Basic IT skills & support. Ask reception for more information		
14.00-16.00 - Art and Crafts (Adults) 14.30-17.00 Diabetes Prevention.		Easter Egg Market and Egg Hunt-Saturday 15th April 2023 presented by LBBD and NMS.		
17.00-18.00 - Karate classes 18.30-20.00 - Boxing club Fitness sessions.		Knit & Knatter Coffee Morning - Join us for a cup of tea, a knit & a knatter		
18.30-19.00 - Maths Tuition ESOL six-week course. Thursday		High Voltage Performing Arts Marks Gate Music Festival Monday 3 <sup>rd</sup> April 2023 14.00-16.00. Free entry at the hub.		
09:00 – 17:00 – Library service *computers turn off at 16:45 09:00 – 16.00 - Midwife Clinic		Kids Play by Messy Play starting every other Friday from March 17th 9.30-11.00am		
10.00-10.30- Let's Get Moving-singing and movement for toddlers. 10.00-12.00 Diabetes Prevention		Let's Get Moving- Aiming to get toddlers moving through music and rhyme.		
11.00-12.00 - Baby Massage. 10.00 - 16:30 - Self Service Baby Weighing. 10:00 - 12:00 - Digital Champion. 10:30-14.00 - Baby Bank.		Reading Beez - Reading scheme for children aged 5 -13 years. Improve your reading and collect prizes along the way.		
10.00-11.30- Stay and Play. 13.00-14.00 - Babbling Babes.		Stay & Play - Play session, help learn and communicate through p		
17.00-18.00 Karate Classes. 17.00-18.00 Karate Classes. 17.30-19.30 Madrasah.		Sensory Room (0-5 years) - Come and enjoy sensory equipment. Contact centre to book		
Friday		Story and Rhyme. Stories and songs for 0–3-year-olds.		
09:00 – 17:00 – Library service *computers turn off at 16:45 09:00-17:00 – Youth Unity Mentoring. Barking & Degenham	Barking & Dagenham	Barking 6 Degenham Community	Barking&	
Hubs	Dagennam	Hubs	Dagenham	

Music & Movement for children with SEND

# & MOVEMENT

TO INSPIRE CHILDREN'S CREATIVE EXPRESSION THROUGH MUSIC, SONGS AND DANCE

> MONDAY 12<sup>TH,</sup> 19<sup>TH</sup> 26<sup>TH</sup> JUNE, 3<sup>RD</sup>, 10<sup>TH</sup>, 17<sup>TH</sup> JULY

## 4:00PM- 5:00 PM

MUSIC

### AGES 5-13 YEARS (CHILDREN WITH SEN/D)

VENUE: BECONTREE COMMUNITY HUB STEVENS ROAD, DAGENHAM, RM8 2QR

FOR FURTHER INFORMATION PLEASE CALL: 0208 227 5500

# Mental Health Support Team





NELFT NHS

# Who are we?

We are four Education Mental Health Practitioner (EMHP), offering early intervention for young people with mild to moderate difficulties. Our team work closely with young people, parents, and school staff to think together about ways to improve mental wellbeing within your school environment

### Who do we work with?

Parents or Carers of pupils from reception to year 6 with mild-moderate levels of:

- Anxiety (e.g. fears, phobias, feeling panicky)
- Challenging behaviour (e.g. struggling to follow rules, temper tantrums, difficulty following requests)

Whole classes or year groups (delivering assembles and workshops)



# Aims of our Team

- Provide early psychological support
- Support the school's wholeschool approach to wellbeing
- Signposting to specialist service

For more information please speak to your mental health lead or get in touch MHST.BD@nelft.nhs.uk

#### Breakfast Club

#### **Donations Wanted**

# BREAKFAST CLUB

# R sakfast Clive

Our breakfast club is open term time only Monday to Friday, 7:45 to 8:30am.

No booking is required, you can turn up on the day and pay.

The charge is £3 per day, you are required to accompany your child into our breakfast club and stay with them until they have been marked in on our daily register.

You are required to have the correct money for payment.

Please note that payments in advance are non-refundable and non-transferable therefore if you choose to pay in advance and your child does not attend you lose that money.



# WANTED

#### SECOND HAND UNIFORM

#### DONATIONS NEEDED

A big thank you to everyone who has previously donated. We always need more good quality second hand uniform items. Has your child grown out of theirs? Please donate to the school and come along to one of our sales for bargain replacements!

Winter coats and shoes also welcome.

Please bring any donations in a bag to the school office.



Thank you

#### Household Support Fund

# Are you struggling with the rising cost of living?



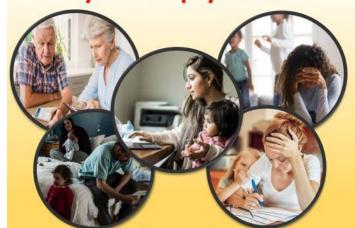
#### Do you have utility debts?

Help is available to support the rising cost of living for energy & utility costs, food and other emergency need through the London Borough of Barking and Dagenham's Hardship schemes

Visit https://www.lbbd.gov.uk/benefits-and-support/discretionaryhardship-support/hardship-payment-schemes/household-support-fund to find out more and apply online



DHP Scheme Are you struggling to afford your rent payments?



### Do you have rent arrears?

#### Do you need help with a deposit?

Help is available through the London Borough of Barking and Dagenham's Discretionary Housing Payment (DHP) scheme

Visit https://www.lbbd.gov.uk/benefits-and-support/discretionaryhardship-support/discretionary-housing-payments-dhp

To find out more and apply online must be in receipt of Housing Benefit or Universal Credit housing costs to qualify for a DHP

> Barking & Dagenham



#### RockSteady

# **IN ROCKERS**

#### **FOR RECEPTION TO YEAR 2**

Fun and inclusive in-school rock and pop band lessons, for Reception, Year 1 and Year 2. No experience or instrument required.



#### FOR YEARS 3 AND 4

Fun and inclusive in-school rock and pop band lessons, for Years 3 and 4. No experience or instrument required.



#### https://www.rocksteadymusicschool.com/info-for-parents

#### Learn to play in a band

Learning an instrument should be fun. Your child can choose from the electric guitar, keyboard, drums or vocals and enjoy playing in a happy, supportive environment with their friends.

#### Lead by real musicians

Your child's music teacher should also be their role model. Which is why all Rocksteady Band Leaders are carefully chosen, extensively trained musicians who know how to inspire a life-long love of playing music.

#### In school time

Lessons are 30 minutes long and take place in school time with all instruments provided, making it hassle-free for parents.

#### From first notes to favourite songs

The Rocksteady Programme is for all children aged 4-11 and is proven to progress musicianship, confidence and teamwork skills with no prior experience necessary.

#### With regular live performances

Playing on stage is a huge confidence booster. With termly concerts at school assemblies, your child will be able to show off their progress to friends, teachers and parents with the rest of their band.

#### And happily affordable

Rocksteady is one of the most hassle-free ways to learn an instrument on a rolling subscription that you can cancel at any time. It's risk free too – cancel in the first month and you'll get a full refund.

#### Call 0330 113 0330