



Dates for the Diary

Summer Term

- Wednesday 17th May** – Banji Alexander – Author visit
- Thursday 18th May** – Menu change (see poster below)
- Friday 19th May** – Wear it Green Day
- Monday 22nd May** – 4R & 4TH visit to Valence House
- Wednesday 24th May** – Yr6 Junior Citizen
- Thursday 25th May** – 4G visit to Valence House
- Monday 29th May to Friday 2nd June** – Half Term Holidays
- Monday 5th June** – INSET Day (school closed to pupils)
- Tuesday 27th June** – Road Safety Roadshow

Dear Parent/Carer,

This may have been a shorter week at school after the coronation of King Charles, but for our Year 6 children it has been one of the busiest. After the national celebrations over the long weekend, they came back to school to a week of external SATs tests. Their first paper was on Tuesday morning! Every child worked hard and displayed an excellent attitude throughout the six separate papers. Thank you to all the staff involved in supporting our children.

As well as preparing our children academically, building resilience and coping with challenges form part of our curriculum. It is normal to feel anxious just before a test and such emotions can be harnessed to help focus and concentrate. It is when we have no techniques to deal with our emotions that they have a negative impact on our mental health.

Next week is Mental Health Awareness Week. Just as we need to be active to keep our physical health in good order, the same applies to our mental health. Our Thrive Approach helps our children identify their feelings and cope with them when they become overwhelming.

This year the Mental Health Awareness Week theme is anxiety. This can often be a misinterpreted emotion. Sometimes it is perfectly normal to feel anxious e.g. when we have a SATs test, an interview, trying something new etc. Learning to recognise the feeling and having techniques such as slowly breathing out; washing hands in cold water; talking to a trusted person; walking in nature, are all essential to keeping such a strong emotion under control. If you feel you need support with this, please read on for suggested contacts in this edition of Snippets.

We wish you all a happy weekend and good mental health.






Michael Kaitell and Selina Frazer

Co-Headteachers

Thrive School of Excellence



Team Points

| TEAM POINTS | | |
|---|----------------------|------------|
|  | Tigers | 317 |
|  | Bears | 424 |
|  | Wolves | 575 |
|  | Sharks | 582 |
|  | Komodo Dragon | 383 |

Attendance

Congratulations to 1H in Key Stage 1 who achieved 98.98% this week and to 6L & 6N in Key Stage 2 with 100%

| Class | Attendance % | Class | Attendance % | Class | Attendance % |
|-------|--------------|-------|--------------|-------|--------------|
| RB | 94.95 | 2D | 90.09 | 4TH | 93.22 |
| RH | 96.23 | 2K | 88.63 | 5A | 91.37 |
| RR | 94.44 | 3G | 90.91 | 5D | 97.97 |
| 1H | 98.98 | 3T | 87.86 | 5Y | 95.96 |
| 1K | 93.91 | 3Z | 97.04 | 6E | 96.06 |
| 1L | 87.32 | 4G | 98.86 | 6L | 100 |
| 2A | 95.79 | 4R | 94.51 | 6N | 100 |



School Uniform

School uniform can be purchased every Monday from 3:00-4:00pm in the dining hall.

In a hope to reduce the cost of school uniform, from September, you will have the option to purchase iron-on badges for plain white polo shirts and plain red jumpers. Badges will cost £1.20.

Uniform can also be purchased online:

www.schooluniformdirect.org.uk/schools/product-category/schools-and-clubs/hunters-hall-primary/

Or Telephone: 01992 763679 / Email: info@schooluniformdirect.org.uk



Parent Hub

We would like all parents/carers to join us on Parent Hub.

Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.



1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose "Add a School" and enter:

@HuntersHallIPS

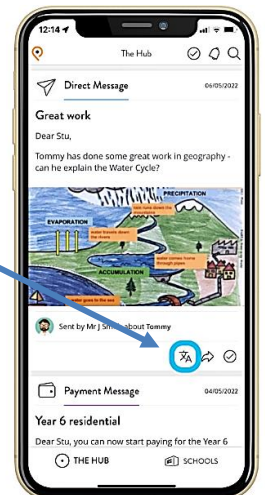
How to translate messages in the Parent Hub app (guidance for schools)

In the app, parents just tap the 'translate' button in the bottom right of a message.

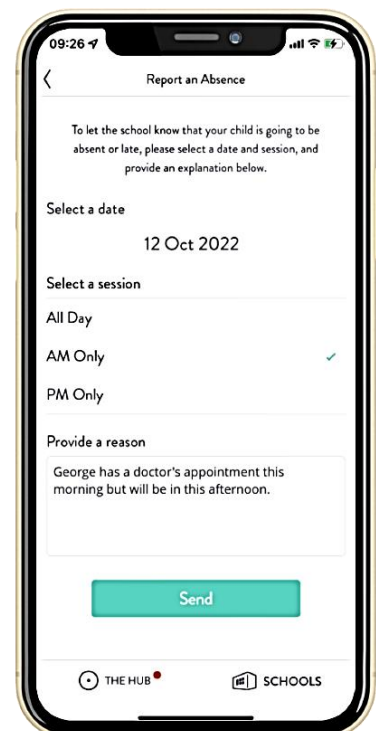
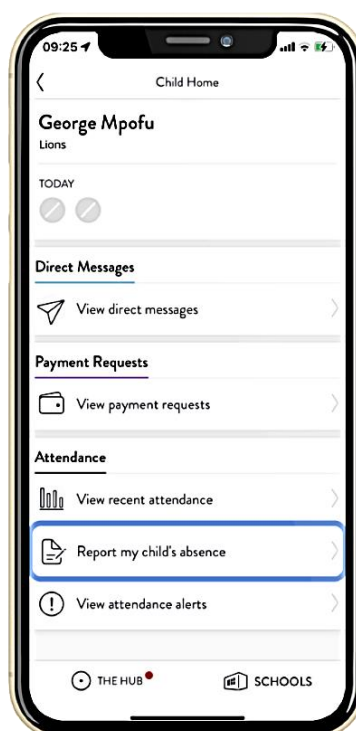
This applies to old messages, as well as new ones.

To find out more, click the link below for a useful guide.

<https://support.parenthub.co.uk/hc/en-us/articles/6172951020689-How-to-translate-messages-in-the-Parent-Hub-app>



Reporting absence



Year 3 - Sewing

Today, in 3G, the children started learning how to sew on cloth. The children said 'That was hard but fun. Can we do sewing again next week?'



Year 4

Some of the Year 4 children on Coronation Day.



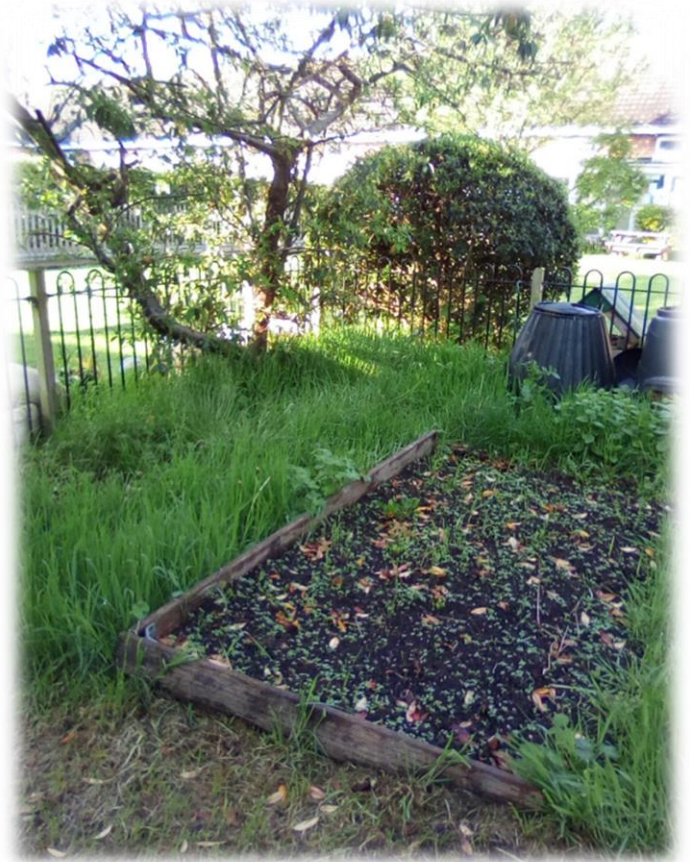
Next week we will be publishing the King Charles' portraits.

Year 1 Barking Park



Garden Update

Grandad Charlie, aged 92, is trying really hard to get our school garden ready for the children. You can see that Charlie and an enthusiastic Year 6 pupil have planted potatoes and tomato plants. Charlie comes in, weather permitting on a Tuesday or Wednesday afternoon but desperately needs another couple of volunteers who don't mind digging and weeding to help him. Gardening is great for your well-being and will be lovely for our children to use. Please, if you have a couple of hours to spare (even if it is a one off in the next few weeks) please come and see Ms Caisey or the school office.



Mental Health Awareness Week



**Wear It
Green
& Day**

Monday 15th – Friday 19th May is Mental Health Awareness week.

This year's theme is **anxiety**.

There will be activities and discussions throughout the week, ending with a "wear it green day" on Friday, where the children and staff will wear anything green to raise awareness of the importance of discussing mental health.

Friday 19th May



We're taking part in
Wear it Green Day this Mental
Health Awareness Week

On Friday 19th May 2023



Please join in by bringing in an item that is green or if you already have something to wear that is green like a hair accessory or piece of clothing.

(Please do not purchase new clothing for this occasion.)

No donations required.

COME AND JOIN US
THIS CENSUS DAY

THURSDAY 18TH MAY

ROAST CHICKEN
HALAL ROAST CHICKEN
ROASTED VEGETARIAN PASTY
ROAST POTATOES
SEASONAL VEGETABLES
YORKSHIRE PUDDING
GRAVY

JELLY & ICE CREAM
FRESH FRUIT PLATTER





Mental Health Support Team



Who are we?

We are four Education Mental Health Practitioner (EMHP), offering early intervention for young people with mild to moderate difficulties. Our team work closely with young people, parents, and school staff to think together about ways to improve mental wellbeing within your school environment

Who do we work with?

Parents or Carers of pupils from reception to year 6 with mild-moderate levels of:

- **Anxiety** (e.g. fears, phobias, feeling panicky)
- **Challenging behaviour** (e.g. struggling to follow rules, temper tantrums, difficulty following requests)

Whole classes or year groups (delivering assemblies and workshops)



Aims of our Team

- Provide early psychological support
- Support the school's whole-school approach to wellbeing
- Signposting to specialist service

Barking and Dagenham Primary school Staff

For more information please speak to your mental health lead or get in touch MHST.BD@nelft.nhs.uk



BREAKFAST CLUB



Our breakfast club is open term time only Monday to Friday, 7:45 to 8:30am.

No booking is required, you can turn up on the day and pay.

The charge is **£3** per day, you are required to accompany your child into our breakfast club and stay with them until they have been marked in on our daily register.

You are required to have the correct money for payment.

Please note that payments in advance are non-refundable and non-transferable therefore if you choose to pay in advance and your child does not attend you lose that money.



WANTED

SECOND HAND UNIFORM

DONATIONS NEEDED

A big thank you to everyone who has previously donated. We always need more good quality second hand uniform items. Has your child grown out of theirs? Please donate to the school and come along to one of our sales for bargain replacements!

Winter coats and shoes also welcome.

Please bring any donations in a bag to the school office.



Thank you



DHP Scheme

Are you struggling to afford your rent payments?



Do you have rent arrears?

Do you need help with a deposit?

Help is available through the London Borough of Barking and Dagenham's Discretionary Housing Payment (DHP) scheme

Visit <https://www.lbbd.gov.uk/benefits-and-support/discretionary-hardship-support/discretionary-housing-payments-dhp>

To find out more and apply online

You must be in receipt of Housing Benefit or Universal Credit housing costs to qualify for a DHP



Barking & Dagenham

Household Support Fund

Are you struggling with the rising cost of living?



Do you have utility debts?

Help is available to support the rising cost of living for energy & utility costs, food and other emergency need through the London Borough of Barking and Dagenham's Hardship schemes

Visit <https://www.lbbd.gov.uk/benefits-and-support/discretionary-hardship-support/hardship-payment-schemes/household-support-fund> to find out more and apply online



Barking & Dagenham



MINI ROCKERS

FOR RECEPTION TO YEAR 2

Fun and inclusive in-school rock and pop band lessons, for Reception, Year 1 and Year 2. No experience or instrument required.



ROCK HEROES

FOR YEARS 3 AND 4

Fun and inclusive in-school rock and pop band lessons, for Years 3 and 4. No experience or instrument required.



ROCK ICONS

FOR YEARS 5 AND 6

Fun and inclusive in-school rock and pop band lessons, for Years 5 and 6. No experience or instrument required.

<https://www.rocksteadymusicschool.com/info-for-parents>

- ✓ **Learn to play in a band**
Learning an instrument should be fun. Your child can choose from the electric guitar, keyboard, drums or vocals and enjoy playing in a happy, supportive environment with their friends.
- ✓ **Lead by real musicians**
Your child's music teacher should also be their role model. Which is why all Rocksteady Band Leaders are carefully chosen, extensively trained musicians who know how to inspire a life-long love of playing music.
- ✓ **In school time**
Lessons are 30 minutes long and take place in school time with all instruments provided, making it hassle-free for parents.
- ✓ **From first notes to favourite songs**
The Rocksteady Programme is for all children aged 4-11 and is proven to progress musicianship, confidence and teamwork skills with no prior experience necessary.
- ✓ **With regular live performances**
Playing on stage is a huge confidence booster. With termly concerts at school assemblies, your child will be able to show off their progress to friends, teachers and parents with the rest of their band.
- ✓ **And happily affordable**
Rocksteady is one of the most hassle-free ways to learn an instrument on a rolling subscription that you can cancel at any time. It's risk free too – cancel in the first month and you'll get a full refund.

Call 0330 113 0330