



Dates for the Diary

Autumn Term 2019

Monday 25th, Tuesday 26th & Wednesday 27th November – Year 6 height, weight and measurements being carried out

Thursday 5th December – Nursery Early Mathematics Workshop 9:15am & 12:30pm

Monday 9th, Tuesday 10th & Wednesday 11th December – Year 1 Concert

Thursday 12th & Friday 13th December – Year 4 Concert

Wednesday 18th December – Jolly Jumper & Christmas Dinner Day

Thursday 19th December – Christmas Coffee Morning 9:00-10:30

Friday 20th December – last day of autumn term

Dear Parent/Carer,

I know this is not the first time I have written to you suggesting you be “present” with your children as you bring them to school or collect them in the afternoon. Sometimes we are so busy rushing to the next appointment, event or item on our list that we forget to stop, smile and look at our children when they are telling us about their day. It is simple but a wonderful way of reassuring them we love them and are interested in what is important to them.

A number of parents and staff have suggested we ban mobile phones to ensure we interact with our children. I hope just reminding you how precious that time with our children is will be enough to make you not want to use your mobile on the school premises. Give it a try!!!

Can I also remind you that wintery weather seems to be upon us but some of our children do not have appropriately warm coats to keep them snug and help prevent them developing coughs and colds.

I wish you a happy weekend,

Selina Frazer,
Headteacher.

Children in Need



Christmas Dinner ~ Wednesday 18th December

Parent Hub

We would like all parents/carers to join us on Parent Hub.



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose “Add a School” and enter:

@HuntersHallIPS

Attendance

Congratulations to 2T in Key Stage 1 who achieved 98.47% this week and to 4N in Key Stage 2 with 98.37%

Class	Attendance %	Class	Attendance %	Class	Attendance %
RC	82.20	2K	95.79	4R	94.67
RL	89.47	2T	98.47	5P	91.39
RM	83.27	3D	96.95	5S	95.92
1H	91.63	3G	93.18	5T	97.94
1HV	97.62	3R	97.41	6A	96.71
1R	93.89	4E	91.53	6LC	89.41
2A	91.51	4N	98.37	6Y	98.15



Wembley



Last Thursday, England men played Montenegro prep in the Euro 2020 Qualifiers. We won smashing 7-0! Unfortunately, delays on the trains were packed with fans, so it took us a long time to get there... The first goal was by Oxlade-Chamberlain, number 15. The next 2 goals was from Kane number 9, now leading us 3-0 up. Next, Rashford scored with Kane scoring shortly after, completing his hat-trick. Sofyanac scored us an own goal. Lastly, Abraham made us win 7-0. Everyone enjoyed this great fun. Well done England!

By Eva Young 55

Understanding Teens Course

We will be running the 4 x 1 hour Understanding Teens sessions again. If you would like to sign up please speak to Mr Bellevue.

UNDERSTANDING TEENS

The course will cover:

- * Active listening skills
- * Parenting styles
- * Managing expectations
- * Managing conflict
- * Communication

The course consists of 4 x 1-hour sessions across 4 weeks. It is designed for parents of Year 6 and upwards aged children.

At the end of the course we expect parents to:

Feel more confident in their communication skills.

Have the tools to build a more positive relationship with their child/ren.

Understand how they can nurture their child's resilience and potential.

Be more confident in managing conflict.

Here is some feedback from parents who have attended our course.

"Changed my way of thinking and has given me lots of ideas."

"Engaging! Lots of opportunity to interact."

"Helpful tips on enhancing my relationship with my children."

Triple P

Triple P is a parenting programme, but it doesn't tell you how to be a parent. It's more like a toolbox of ideas. You choose the strategies you need. You choose the way you want to use them. It's all about making Triple P work for you.

The three Ps in 'Triple P' stand for 'Positive Parenting Programme' which means your family life is going to be much more enjoyable.

Triple P helps you:

- Raise happy, confident kids
- Manage misbehaviour so everyone in the family enjoys life more
- Set rules and routines that everyone respects and follows
- Encourage behaviour you like
- Take care of yourself as a parent
- Feel confident you're doing the right thing

1. CREATE A SAFE, INTERESTING ENVIRONMENT

Bored kids are likely to misbehave. Bored teenagers may find trouble. So create an environment that allows kids to explore safely and develop their skills.

2. HAVE A POSITIVE LEARNING ENVIRONMENT

If a child or teenager comes to you for help or a chat, they're ready to learn. Give them positive attention, even if only for a minute or so. Encourage their ideas and opinions.

3. USE ASSERTIVE DISCIPLINE

Set clear rules and boundaries and follow through with fair consequences. You can negotiate some of these with older kids and decide on the rules and consequences together. Praise little and big kids to encourage the behaviour you like.

4. HAVE REALISTIC EXPECTATIONS

Nobody's perfect – kids, teenagers or adults – so don't expect your child to do more (or less) than they're capable of. And remember, we all make mistakes sometimes.

5. TAKE CARE OF YOURSELF AS A PARENT

It's all about balance. You've got to look after your own needs too, so make sure you're getting some support, time with friends, and maybe even a little time to yourself!

<https://www2.tripleponline.uk.net/login.aspx?returnURL=/modules.a.spx>

A HAPPIER FAMILY LIFE STARTS NOW

Millions of parents worldwide use Triple P. Now, with Triple P available online, you can log in to your personal parenting course whenever and wherever it suits you. Simple!

WHY TRIPLE P WORKS

Great parents do great parenting programmes. And the Triple P – Positive Parenting Programme is one of the world's best. Triple P gives you proven parenting strategies that will help you set up your child or teenager for life – so they'll be happy, confident and successful. In the meantime, your home life will be better too... with rules followed, relationships stronger, and parents who are much less stressed!

CHOOSE THE COURSE THAT'S RIGHT FOR YOUR CHILD'S AGES AND STAGES

Triple P Online (for toddlers and tweens) can help you:

- Encourage good behaviour
- Manage misbehaviour
- Settle tantrums
- Tackle disobedience
- Teach your child new skills
- Take the stress out of shopping

Triple P Online (for pre-teens and teens) can help you:

- Build stronger relationships
- Negotiate boundaries and expectations
- Deal calmly with conflict
- Survive the emotional rollercoaster
- Prepare for risky situations
- Equip your child to handle life's problems



SIGN UP NOW

WWW.TRIPLEP-PARENTING.NET/LBBD



This service is brought to Barking and Dagenham parents by North East London NHS Foundation Trust, the Child and Adolescent Mental Health Services, and Barking and Dagenham Council, supported by Triple P UK

Reception School Place

If you have a child in the Nursery it is that time of year when you need to apply for their Reception place. Please remember to do this before the 15th January 2020 deadline.



APPLY ONLINE

now for a reception school place

www.eadmissions.org.uk

If you still need help to apply online after calling the helpdesk (020 8255 5555 - option 1), help sessions are available at Dagenham Library on Tuesdays and Barking Learning Centre on Thursdays until 14 January 2020. Each session starts at 9am and ends at 4.30pm.

The closing date is 15 January 2020