



Dates for the Diary

Spring Term 2022

Thursday 17th March – School Nurse Drop In Session (8:45-9:30am)

Friday 18th March – **Red Nose Day** (wear red & donate £1)

Tuesday 22nd March – Rocksteady Concert (9:00-11:00am)

Tuesday 22nd March – Parent invite to view content of Yr 3,4,5 & 6 PSHE & RSE videos (2:15pm)

Thursday 24th March – Yr1 Dinosaur Workshop (payment via ParentPay)

Wednesday 30th March – Parents' Evening (3:30-6:00pm)

Thursday 31st March – Easter Special Coffee Morning (9:00-10:20am)

Thursday 31st March – Parents' Evening (3:30-6:00pm)

Friday 1st April – Last day for all children

Monday 4th to Monday 18th April – Easter Holidays

Summer Term 2022

Tuesday 19th April – All pupils return to school.

Thrive School of Excellence



Dear Parent/Carer,

The focus of our message this week is on how we, as adults, model behaviour to children whether we realise it or not. The diagram below shows some of the ways that parents; school staff and other adults influence children's behaviour.

We are asking everybody who is part of the Hunters Hall family, to consider the way that they speak; behave and interact with one another. Remember that children are always listening and watching even when it does not appear that they are. They follow the examples that we set.

In our office, we have a poster displayed entitled: "Children Learn What They Live." (see the last page of this edition of Snippets) Please read and reflect upon the words.



Stay safe this weekend,

Selina Frazer & Michael Kaitell,
Co-Headteachers

Nurse Drop In Session



SCHOOL NURSE DROP IN SESSION

If you have any medical concerns, please pop along on:

Date: **Thursday, 17th March**

Time: **8:45 - 9:30 am**

Location: **Main School Reception**

Attendance

Congratulations to 5P in Key Stage 1 who achieved 99.23% this week and to 2T in Key Stage 2 with 96.93%

Class	Attendance %	Class	Attendance %	Class	Attendance %
RB	83.98	2M	95.04	4R	95.56
RH	90.27	2T	96.93	5N	95.92
RR	95.63	3D	97.22	5P	99.23
1H	96.18	3G	87.21	5R	87.92
1L	91.37	3T	92.65	6A	77.82
1R	87.73	4E	96.08	6L	78.08
2K	84.77	4G	97.54	6Y	84.62



Parent Hub

We would like all parents/carers to join us on Parent Hub.

Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.



1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose "Add a School" and enter:

@HuntersHallIPS

School Uniform

School uniform can be purchased every Monday from 3:00-4:00pm in the dining hall.

Uniform can also be purchased online:

www.schooluniformdirect.org.uk/schools/product-category/schools-and-clubs/hunters-hall-primary/

Or

Telephone: 01992 763679

Email: info@schooluniformdirect.org.uk



Help with rising energy costs

Energy prices are at all-time highs, there are no cheap deals to switch to and the energy price cap will rise by 54% in April. The Government has announced up to £350 in support to help mitigate rocketing prices.

If you're falling behind with your energy bills, and finding yourself struggling to pay, the best thing to do is contact your supplier as soon as possible. If you prepay for your energy, and you find yourself struggling to top up and facing self-disconnection, there's also plenty of help available from your supplier – so do contact it as soon as you start to get in trouble.

All suppliers offer small amounts of emergency credit. You'll usually get £5 of emergency credit on your gas and electricity meter (£5 on each meter) that you can access through your meter. The option to use it usually becomes available when you've little money left on your meter (usually about less than 50p for electricity, or £2 for gas).

All the big energy firms have charitable trusts and funds that can help if you're in debt and struggling to repay. They offer schemes and grants to help with your energy costs, to replace faulty or old boilers, and to make your home more energy-efficient.

If you are still struggling after speaking to your energy supplier, there are a number of organisations and charities that can provide one-on-one support and advice. We've focused on the main nationwide charities and organisations that offer support, but there could be more local support offered by regional charities and your local authority.

All of the organisations below can help with common energy issues and problems, including info on the options available if you're struggling to pay, the Government grants and schemes available to you, help accessing hardship funds and general ways to reduce your energy use. Yet some do specialise in certain areas.

[National Energy Action \(NEA\)](#). The NEA is a national fuel poverty and energy efficiency charity that offers a free support service known as WASH (Warm and Safe Homes). It provides energy advice to households in England and Wales. You can contact it on 0800 304 7159, or fill in an [online form](#).

[Citizens Advice](#). If you're in England or Wales, you can speak to a trained adviser on 0808 223 1133 or fill in [online form](#) and they'll respond by email.

[National Debt Line](#). A debt charity that gives free independent advice to people in England, Scotland and Wales. You can talk to via [webchat](#) or by calling 0808 808 4000.

[StepChange](#). A debt charity that provides free debt advice to people in England, Scotland and Wales. You can contact it on 0800 138 1111 or get [online debt advice](#).

It can work with you to develop a personalised plan to make repayments, set up and manage a debt management plan for you, or even help with ways to write off debts if you're unable to pay.



MINI ROCKERS

FOR RECEPTION TO YEAR 2

Fun and inclusive in-school rock and pop band lessons, for Reception, Year 1 and Year 2. No experience or instrument required.



ROCK HEROES

FOR YEARS 3 AND 4

Fun and inclusive in-school rock and pop band lessons, for Years 3 and 4. No experience or instrument required.



ROCK ICONS

FOR YEARS 5 AND 6

Fun and inclusive in-school rock and pop band lessons, for Years 5 and 6. No experience or instrument required.

<https://www.rocksteadymusicschool.com/info-for-parents>

- ✓ **Learn to play in a band**
Learning an instrument should be fun. Your child can choose from the electric guitar, keyboard, drums or vocals and enjoy playing in a happy, supportive environment with their friends.
- ✓ **Lead by real musicians**
Your child's music teacher should also be their role model. Which is why all Rocksteady Band Leaders are carefully chosen, extensively trained musicians who know how to inspire a life-long love of playing music.
- ✓ **In school time**
Lessons are 30 minutes long and take place in school time with all instruments provided, making it hassle-free for parents.
- ✓ **From first notes to favourite songs**
The Rocksteady Programme is for all children aged 4-11 and is proven to progress musicianship, confidence and teamwork skills with no prior experience necessary.
- ✓ **With regular live performances**
Playing on stage is a huge confidence booster. With termly concerts at school assemblies, your child will be able to show off their progress to friends, teachers and parents with the rest of their band.
- ✓ **And happily affordable**
Rocksteady is one of the most hassle-free ways to learn an instrument on a rolling subscription that you can cancel at any time. It's risk free too – cancel in the first month and you'll get a full refund.

Call 0330 113 0330



Take part in an Easter holiday to remember in Barking and Dagenham!



Location	Venue	Dates	Age Group
RM8 3AR	Ballerz at Valence Primary School	Monday 4 April to Thursday 14 April	5 to 11 years
IG11 8JA	Ballerz at Northbury Primary School	Monday 4 April to Thursday 14 April	5 to 11 years
IG11 7QS	Ultimate Vision Sports at Ripple Primary School	Monday 4 April to Thursday 14 April	5 to 11 years
RM10 7HX	Ultimate Vision Sports at William Bellamy Primary School	Monday 4 April to Thursday 14 April	5 to 11 years
IG11 7JA	Ultimate Vision Sports at Gascoigne Primary School	Monday 4 April to Thursday 14 April	5 to 11 years
RM8 3EX	Ultimate Vision Sports at Grafton School	Monday 4 April to Thursday 14 April	5 to 11 years
RM9 4UN	DABD at Jo Richardson Community School	Monday 4 April to Thursday 14 April	5 to 16 years
RM9 6UU	Inspire Minds Through Sports at St Peters Catholic Primary School	Monday 4 April to Friday 8 April	5 to 11 years
RM10 9JS	Inspire Minds Through Sports at William Ford C of E Junior School	Monday 4 April to Friday 8 April	5 to 11 years
RM9 4UN	West Ham United at Jo Richardson Community School	Monday 4 April to Thursday 7 April	11 to 16 years
RM9 5YX	Future Youth Zone	Monday 4 April to Friday 15 April	8 to 12 years
RM8 2QR	Total Insight Theatre at Becontree Primary School	Monday 4 April to Friday 8 April	5 to 11 years
RM9 4UN	Total Insight Theatre at Jo Richardson Community School	Monday 4 April to Friday 8 April	12 to 16 years
RM10 7FH	Everyone Active at Becontree Heath Leisure Centre	Monday 11 April to Thursday 14 April	8 to 16 years
RM8 2FL	Art Bash at Manor Longbridge School	Monday 11 April to Thursday 14 April	6 to 11 years

From swimming and street dance to football and performing arts, there's something for everyone!

Visit lbbd.gov.uk/free-holiday-activities to find out more about each activity and book a place.

Activities are for benefits related free school meal eligible children and young people. To check eligibility please visit www.gov.uk and search 'Apply for free school meals'. For free activities for all families in the borough please visit lbbd.gov.uk/whats-on.

This provision is funded through the Department for Education's Holiday Activities and Food Programme.

#HAF2022



Easy Fundraiser update

Raise donations for Hunters Hall Primary School whenever you shop online

Turn your everyday online shopping into FREE donations

Over **£35m** raised for good causes through **easyfundraising**



Support Hunters Hall Primary School

£251.47

Total raised

56

Supporters

So far, with your help, we have raised £251.47. This has been done by using the Easy Fundraising app/ website when shopping at most online retailers. So, if you shop online please access the site via the following link:

<https://www.easyfundraising.org.uk/causes/huntershallprim/>



Red Nose Day

On **Friday 18 March**, our school community will have the power to change lives. We are asking everybody to wear red and donate £1. All donations will be sent to Comic Relief. We can help people live free from poverty, violence and discrimination. This includes funding organisations that are supporting people right now in Ukraine, and those attempting to cross the border.



Easter Special Coffee Morning - Raffle & Games



Thursday, 31st March in the Training Room, 9:00-10:20am

Mr Bellevue
Family Support Worker

Young Carers

Young Carers Support Service

Barking and Dagenham recently renewed its contract with Carers of Barking and Dagenham for the Young Carers Support Service. The Young Carers project offer support, information, respite and advocacy and access to a formal Young Carers' assessment for children and young people aged 8 to 19 years living in Barking & Dagenham.



Key areas of support on offer include:

- Improving school attendance and educational outcomes – including access to a Tutor Club
- Access to health services
- Training – including Sexual health/self-care, preparing for transition and employment, First Aid and anti-bullying
- Peer support via access to fun activities including e.g. cooking, swimming, cinema, days out and residential trips
- Understanding disability/conditions
- Preventing NEET – supporting transition into college, university or employment
- Up skilling, building resilience and attempting to ensure that young carers are known to services and that they have access to the same opportunities as their non caring peers.

Referrals can be made by schools, health professionals, self and anyone working with young carers with parental agreement.

For further information and our leaflet call 02085934422 or email carron.cumberbatch@carerscentre.org.uk or visit our website www.carerscentre.org.uk [Facebook](#) Carers of Barking & Dagenham.

Outdoor Week

Last week, during the Year 6 sleepover, the children carried out a variety of tasks. One such task was to think about and write down a message/ mantra that they live by. These are displayed in our school garden. As you can see, the messages are very powerful. We can learn so much from listening to our children as they teach us, adults, valuable lessons too!

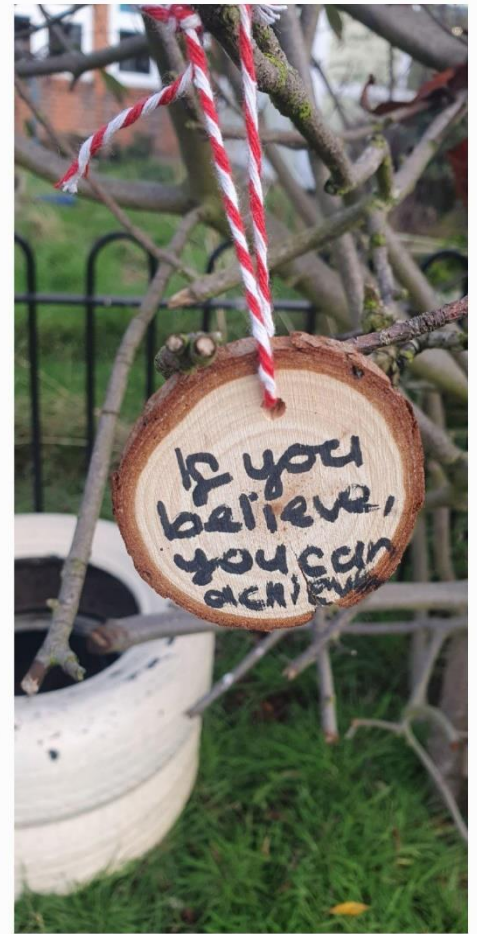
"If you believe you can achieve."

"Don't change yourself for someone."

"Being shy is a superpower."

Think positively and positive things will happen."

And because it was about being outdoors, Roxy used a play on words with: "Bee yourself."





BARKING & DAGENHAM EASTER HOLIDAY PROGRAMME

FREE Holiday Activity Programme for children on pupil premium free school meals!

Becontree Heath Leisure Centre

Monday 11 th April – Thursday 14 th April	9:00-15:00	4-7 Years 8-11 Years 12-16 Years
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Throughout the week your child will learn new skills and unlock new achievements through a range of different activities such as; Swimming, Multi Sports, Arts and Crafts and Inflatable fun sessions!

It's the perfect opportunity for them to express themselves and make some new friends!

To book onto our Holiday Activity Programme please fill in your details on the reverse of this sheet and drop it off at Becontree Heath Leisure Centre with your proof of eligibility or email a copy to – becontreeactivities@everyoneactive.com

FREE LUNCH INCLUDED!

If you have any queries or would like to find out more about our Holiday Activity Programme please email us at: becontreeactivities@everyoneactive.com

Please note that spaces are limited so book now before it's too late!

Funded through the Department for Education Holiday Activities and Food Programme!



**EVERYONE
WANTS TO
BE ACTIVE**

4-7 Years
Becontree Heath Leisure Centre

- Soft Play
- Swimming Crash Course
- Fun Inflatable Session
- Nutritional Workshop
- Arts & Crafts
- Games
- Multi Sports
- Easter Egg Hunt

**8-11 Years
12-16 Years**
Becontree Heath Leisure Centre

- Swimming Crash Course
- Fun Inflatable Session
- Arts and Crafts
- Multi Sports
- Nutritional Workshop
- Games
- Pool Inflatable



30 mins activity
5 days a week

#HAF2022

Barking & Dagenham
Holiday Activities and Food Programme Prospect Form
Easter 2022



To book your child onto the FREE winter programme your child will need to be eligible for pupil premium free school meals, we will need to see one of the following documents before being able to book your child onto the winter programme;

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Working Tax Credit run-on
- Letter from the council stating your child is on Free school meals or pupil premium
- A letter from your child's school stating their name and that they are on free school meals, this must be on headed paper.

Alternatively if your child is not on free school meals and they fall under one of the following categories you can submit proof of entitlement for this;

- Young Carers
- Children in need
- Children in child protection

***Information in red must be filled out in order to be booked onto the programme**

Parents Details	
Title (Mr, Ms, Mrs, Miss, Master)	
First Name	
Surname	
Date of Birth	
Email Address	
Mobile Number	
Home Address	
Postcode	
Does your child have any food intolerances?	
Does your child have any allergies?	
Does your child have any medical conditions?	
Child's Details	
Childs Year Group	
Childs School They Attend	
Title (Mr, Ms, Mrs, Miss, Master)	
First Name	
Surname	
Date of Birth	
Ethnicity	
Emergency Contact Name	
Emergency Contact Number	
Would you like to receive free activity passes, discounts and information on products from Everyone Active / Health / Events (Sports & Leisure Management)?	





**BE PART OF
EM3 KIDS CLUB
THIS EASTER!**

(FOR AGES 4-11)
8am - 6pm : £24
9am - 3pm: £20



Sign Up!

Contact:
Jade / Kelly
07873426802
07804543273

Online:
www.em3kidsclub.com

**4th April
to
14th April**



Bookings open Monday 14 March at 9am

Week 1 – 4 to 8 April 2022

Activity: Street Dance - Pullums Dance

This 3 day street dance workshop will include learning different techniques and street dance styles. You will be learning choreography and get a chance to perform a dance routine at the end of the course to friends and family. Come along to try something new, strengthen your dance skills and make new friends this Easter.

Venue: Riverside Campus, Riverside Bridge School, Renwick Road, Barking, IG11 0FU

Time: 1pm to 4pm

Age group: 5 to 17 years

Dates: Monday 4 to Wednesday 6 April

Cost for Camp: FREE to children that live or go to school in Barking & Dagenham

Book here for 5 to 7 years <https://www.eventbrite.co.uk/e/street-dance-camp-with-pullums-danceacademy-for-5-to-7-year-olds-tickets-292592511077>

Book here for 8 to 15 years <https://www.eventbrite.co.uk/e/soga-street-dance-camp-with-pullumsdance-for-8-to-15-year-olds-tickets-292579482107>

Activity: Multi Sports – Premier Sport

The camp covers a wide range of sports including team games and racket sports. The programme is accessible across all ages between 5 and 13 years and all abilities. It ensures children have fun with friends, at the same time learning the importance of living a healthy and active lifestyle. The programme helps children improve their communication skills, build their self-confidence, and develop valuable social skills.

Venue: Becontree Primary School, Stevens Road, Dagenham RM8 2QR

Age: 5 to 13 years

Dates: Monday 4 to Thursday 7 April 2022

Time: 10am to 2pm

Cost for Camp: FREE to children that live or go to school in Barking & Dagenham

Book here for 5 to 7 years <https://www.eventbrite.co.uk/e/soga-multi-sports-camp-with-premiersports-for-5-to-7-year-olds-tickets-292624466657>

Book here for 8 to 13 years <https://www.eventbrite.co.uk/e/soga-multi-sports-camp-with-premiersports-for-8-to-13-year-olds-tickets-292616733527>

Activity: Basketball Camp - Right Development Foundation

Whether it's your first time touching a basketball, or you have been to the camps previously there will be something for you. Receive coaching from our expert coaches and learn the fundamental skills of basketball and have the chance to improve your skills.

Venue: Goresbrook School, Cook Road, Dagenham RM9 6XW

Time: 9am to 2pm

Age group: 6 to 15 years

Dates: Monday 4 to Wednesday 6 April 2022

Cost for Camp: FREE to children that live or go to school in Barking & Dagenham

Book here for 5 to 7 years <https://www.eventbrite.co.uk/e/soga-basketball-camp-with-rightdevelopment-foundation-for-5-to-7-year-olds-tickets-292629561897>

Book here for 8 to 15 years <https://www.eventbrite.co.uk/e/soga-basketball-camp-with-rightdevelopment-foundation-for-8-to-17-years-tickets-292634927947>

Activity: Football – Finesse Sport

The football camp will consist of multi skill functions designed within fun, small, sided games. Each participant will have the opportunity to try new skills, learn about the body in action and work as a team member. Developing fundamental skills of balance, co-ordination, speed and communication will help improve the participant's confidence and self-esteem. This is all wrapped up in a fun and exciting environment that will be safe, supportive and respectful for all.

Venue: Old Dagenham Park, Vicarage Road, Dagenham RM10 9SD

Time: 10am to 2pm

Age group: 5 to 17 years

Dates: Tuesday 5 to Friday 8 April 2022

Cost for Camp: FREE to children that live or go to school in Barking & Dagenham

Book here for 5 to 7 years <https://www.eventbrite.co.uk/e/soga-football-camp-with-finesse-sportfor-5-to-7-years-tickets-292642340117>

Book here for 8 to 17 years <https://www.eventbrite.co.uk/e/soga-football-camp-with-finesse-sportfor-8-to-17-year-olds-tickets-292647084307>

Activity: Athletics – Be Fit Today Track Academy

The academy is a multi-event athletics development programme, which introduces the fundamental skills of athletics to young people. It focuses not only on how fast someone runs, jumps or throws but more importantly, on developing the technical skills required to perform at full potential and move like a champion. Participants will be placed in groups depending on their ability and will learn athletic disciplines through fun games with a competition at the end of the programme.

Venue: Jim Peters Stadium, Mayesbrook Park, Lodge Avenue, Dagenham RM8 2JR

Time: 10am to 3pm

Age group: 6 to 17 years

Date: Wednesday 6 to Friday 8 April

Cost for Camp: FREE to children that live or go to school in Barking & Dagenham

Book here for 6 to 7 years <https://www.eventbrite.co.uk/e/soga-athletics-camp-with-be-fit-todaytrack-academy-for-5-to-7-years-tickets-291166586097>

Book here for 8 to 17 years <https://www.eventbrite.co.uk/e/soga-athletics-camp-with-be-fit-todaytrack-academy-for-8-to-17-years-tickets-291163557037>

Week 2 – 11 to 14 April 2022

Activity: West End Workshop - Pullums Dance

Come along this Easter to get an insight into the life of a west end performer. Learn about vocal and physical warm ups, learning choreography, staging a routine and getting to perform it to family and friends at the end of the course. We want to welcome you to Pullums to enjoy dance, try something new and make new friends. You will also get the chance to have a Q&A with professional dancers from the West End to ask any burning questions.

Venue: Riverside Campus, Riverside Bridge School, Renwick Road, Barking, IG11 0FU

Time: 10am to 1pm

Age group: 5 to 17 years

Dates: Monday 11 to Wednesday 13 April 2022

Cost for Camp: FREE to children that live or go to school in Barking & Dagenham

Book here for 5 to 7 years <https://www.eventbrite.co.uk/e/soga-west-end-workshop-with-pullumsdance-academy-for-5-to-7-year-olds-tickets-292671316787>

Book here for 8 to 17 years <https://www.eventbrite.co.uk/e/soga-west-end-workshop-with-pullumsdance-academy-for-8-to-17-year-olds-tickets-292673423087>

Activity: Cricket Camp - Ekota Cricket Academy

We will be holding a fun cricket camp. The focus will be on 100% fun-based activities concentrating on Learning the basic cricket skills in batting, bowling, and fielding. All abilities welcome.

Venue: Goodmayes Park, Aberdour Road, Ilford IG3 9RA

Time: 10am to 2pm

Age group: 5 to 17 years

Dates: Monday 11 to Thursday 14 April 2022

Cost for Camp: FREE to children that live or go to school in Barking & Dagenham

Book here for 5 to 7 years <https://www.eventbrite.co.uk/e/soga-cricket-camp-with-ekota-cricketacademy-for-5-to-7-years-tickets-292655188547>

Book here for 8 to 17 years <https://www.eventbrite.co.uk/e/soga-cricket-camp-with-ekota-cricketacademy-for-8-to-17-years-tickets-292653433297>

Activity: Cheerleading – Finesse Sport

Cheerleading camp coaches offer expert instruction for children and young people to learn and master a stunt or pirouette or as a group becomes a more cohesive team member. Children and young people will master the fundamentals and team building skills, learn game planning, transitions, pyramids, safety training and spotting, partner stunts, dances and more

Venue: Monteagle Primary School, 221 Stamford Road, Dagenham RM9 4EL

Time: 10am to 2pm

Age group: 6 to 17 years

Dates: Monday 4 to Wednesday 6 April

Cost for Camp: FREE to children that live or go to school in Barking & Dagenham

Book here for 6 to 7 years <https://www.eventbrite.co.uk/e/cheerleading-camp-for-5-to-7-yearswith-finesse-sports-limited-tickets-292661778257>

Book here for 8 to 17 years <https://www.eventbrite.co.uk/e/cheerleading-for-8-to-17-year-oldswith-finesse-sports-limited-tickets-292666472297>

Activity: Multi Sports – First Kicks

The multi sports holiday camp will encourage children to take part in a number of different sporting activities throughout the week. This will include attendance from a street dance coach who will teach the participants different routines during the week for a performance that will be shown to parents/carers on the last day of the camp. Our aim is to encourage confidence and help children build on their basic skills of running, jumping, throwing and co-ordination. These key skills will be incorporated over the week in a number of different multi-sport games.

Venue: Old Dagenham Park, Vicarage Road, Dagenham RM10 9SD

Dates: Monday 11 to Thursday 14 April 2022

Time: 9am to 3.30pm

Age group: 5 to 17 years

Cost for Camp: FREE to children that live or go to school in Barking & Dagenham

Book here for 5 to 7 years <https://www.eventbrite.co.uk/e/soga-multi-sports-camp-with-first-kicksfor-5-to-7-year-olds-tickets-292657615807>

Book here for 8 to 17 years <https://www.eventbrite.co.uk/e/soga-multi-sports-camp-with-first-kicksfor-8-to-17-year-olds-tickets-292659651897>

Activity: Cooking – Grains of Knowledge

The cooking sessions will teach young people how to make their favourite fast-food meals, in a healthy way. This encourages children to learn what is in their food and equips them with the skills at an early age to be able to prepare their own nutritious meals. Young people are empowered to use cooking equipment safely and be a part of the decision making around what they eat. Participants learn the make up of their meals and gain a better understanding of what is in their food and how to get the most out of a meal. Making healthy eating interesting and exciting. **Venue:** Sue Bramley Community Centre, Bastable Avenue, Barking IG11 0LH

Time: 10am to 2pm

Age group: 5 to 7 year - Monday 11 April

8 to 17 years - Tuesday 12 April

Cost for Camp: FREE to children that live or go to school in Barking & Dagenham

Book here for 5 to 7 years <https://www.eventbrite.co.uk/e/copy-of-soga-cooking-session-withgrains-of-knowledge-for-5-to-7-year-olds-tickets-292551688977>

Book here for 8 to 17 years <https://www.eventbrite.co.uk/e/copy-of-soga-cooking-session-withgrains-of-knowledge-for-8-to-17-years-tickets-292565871397>

Children Learn What They Live



CHILDREN LEARN WHAT THEY LIVE

If children live with **C**RITIGISM,
they learn to condemn.

If children live with **H**OSTILITY,
they learn to fight.

If children live with **R**IDIGULE,
they learn to feel shy.

If children live with **S**HAME,
they learn to feel guilty.

If children live with **T**OLERANCE,
they learn to be patient.

If children live with **E**NGOURAGEMENT,
they learn confidence.

If children live with **P**RAISE,
they learn appreciation.

If children live with **F**AIRNESS,
they learn justice.

If children live with **S**ECURITY,
they learn to have faith in themselves.

If children live with **A**PPROVAL,
they learn to like themselves.

If children live with **A**CEPTANCE,
they learn to love.

If children live with **F**RINDLINESS,
they learn the world is a nice place in which to live.

