



Dates for the Diary

Autumn Term 2018

Tuesday 9th – Thursday 11th October – Year 2 visits to The Chase

Tuesday 16th October – Reception/KS1 Phonics Workshop 9:00-10:00am

Wednesday 17th October – Year 5 Magician visit

Wednesday 18th October – KS1 Reading Workshop 9:00-10:00am

Thursday 19th October – KS1 Writing Workshop 9:00-10:00am

Thursday 18th October – Parents' Evening 3:30-7:00pm

Friday 19th October – Last day of term

Monday 22nd – Friday 26th October – Half Term

Monday 29th October – INSET (school closed to pupils)

Tuesday 30th October – Children return to school

Follow us on Twitter:

<https://twitter.com/Huntershallps>



Afternoon Nursery Places



We still have places available in our afternoon nursery session (12:15-3:15pm). Please contact the school office for more information.

Moving to Secondary School Application Process

If you have a child in Year 6 and you need support in completing the necessary paperwork to apply for their secondary school place. Please ask to see Mr Bellevue who will be happy to assist you with this process.

Deadline: 31st October 2018

Dear Parent/Carer,

Although it may seem more difficult to rise from bed each morning now that autumn has settled in, with trees changing colour this is one of our most beautiful seasons. All research into good mental health encourages us to spend as much time immersed in nature that we can possibly find. We can miss the beauty in a misty autumn morning when we are rushing around and not noticing what is in front of our eyes.

Wednesday 10th October is World Mental Health Day. Looking after our mental health is vitally important. We often concentrate on keeping ourselves physically well but ignore our emotions and wellbeing. We all have mental health and we need to be aware what keeps us healthy and what to avoid that makes us anxious or stressed. Our children's wellbeing is at the core of our school values and ethos.



We are delighted to be able to offer Family Yoga as advertised below this letter and Mental health and young people awareness training at the bottom right hand corner of this newsletter. I wish you a happy and healthy weekend.

Selina Frazer
Headteacher

Family Yoga

Life is so busy nowadays and it is important that we look after our physical and mental health. Mindfulness is a simple, practical tool for developing a quieter mind, improved sleep, increased focus, more energy, greater health and a more balanced life.



We are very excited to be able to offer yoga with mindfulness, meditation and breathing exercises for children and their parent or carer. It is a wonderful opportunity to learn together with your child and then continue to practise the techniques at home. They can make an incredible difference to your wellbeing.

The course will run for 6 one-hour sessions after school on Tuesdays under the guidance of two experienced yoga teachers. There is a total cost of £22 (which works out at less than £2 per person per session.) Please contact the office or Mrs. Hobday for an application form.

Attendance

Congratulations to 2T in Key Stage 1 who achieved 100% this week and 4R in Key Stage 2 with 99.23%

Class	Attendance %	Class	Attendance %	Class	Attendance %
RL	97.86	2G	96.32	4R	99.23
RM	98.29	2T	100	5M	98.21
RT	97.35	3B	93.68	5S	93.39
1E	96.69	3K	96.15	5T	98.13
1H	96.03	3R	97.23	6A	95.59
1HV	97.71	4AC	97.23	6N	96.68
2A	93.16	4P	97.62	6T	98.10



Harvest Donations



As the harvest season is upon us, we ask for donations of tins, packets and boxes of food items, which are in date that we will be able to

donate to worthy causes.

Please send in your donations for the attention of Mr Bellevue.

Donations

WE NEED YOUR HELP!

We will soon be holding a sale to raise much needed money for our school.

Please can we ask for donations of:-

- ❖ Books in a good condition - suitable for adults, teenagers and children of all ages.
- ❖ Old school uniform that it still in good condition.

Please drop your donations off in the boxes at the front of the school.

Thank you for your support.

Miss Gurry



MacMillan Coffee Mornings

On Wednesday & Thursday this week budding bakers amongst our parents and staff had the opportunity to bake delicious cakes in order to raise money for MacMillan Cancer Support. It's a sad but well-known fact that cancer



will affect one in two of us at some point in our lives and the diagnosis can affect a person's whole life. Macmillan has provided more than 100 years of care and support and they stand by the side of cancer sufferers as friends as well as nurses. Macmillan takes time to understand each and every person and tailor their support to suit. All monies raised over the two days will go to MacMillan. Thank you to everybody for supporting this extremely worthwhile cause, so far £310 has been raised.



Half Term Football Camp



FOOTBALL CAMP SUMMER 2018

BRITTONS ACADEMY SCHOOL
RAINHAM

£25 PER DAY
OR

£65 FOR 3 CONSECUTIVE DAYS

AGES 4-11YRS

DATES:

MONDAY 22ND OCTOBER
TUESDAY 23RD OCTOBER
WEDNESDAY 24TH OCTOBER

9AM TO 3PM
(8.45AM EARLIEST DROP OFF)

MEDALS & CERTIFICATES FOR ALL WHO ATTEND ALL 3 DAYS OF THE WEEK



LIMITED SPACES AVAILABLE

RICHARD
07494 475361

Mayor's Charity Quiz Night

Barking and Dagenham Mayor's Charity Quiz Night

Friday 2 November 2018
7.30pm

In support of
Pennu, Afruca, Endometriosis charities

Dagenham & Redbridge Football Club,
Victoria Road, Dagenham, RM10 7XL

£5 adults and £2 children under 10
Teams of eight per table
For tickets, please email Julie Wilkes at
julie.wilkes@lbbd.gov.uk

RAFFLE

Licensed cash bar available



Mental Health Training



Do you want to learn about what wellbeing issues your child could be experiencing?



Mental health and young people awareness training

A 2 hour training session which aims to help you:

- Increase your understanding and knowledge of mental health in young people.
- Understanding the common issues that young people face, including bullying, body images issues, self harming, exam pressures and substance misuse.
- Feel more confident to speak about mental health and to approach a young person about their mental health.
- Learn about local services and resources that are available.

This training is FREE and takes place on Wednesday 10th October 2018:

1-3pm - Barking Learning Centre, Conference Room

7-9pm - Carers Centre, 234a Porters Avenue, Dagenham RM8 2EQ

For more information and to book a place, please email the adult commissioning team - adultcommissioning@lbbd.gov.uk

