

# Hunters Hall Primary School Snippets

Issue: 28 April 2022

Dates for the Diary	Dear Parent/Carer,
Summer Term 2022 Monday 2 <sup>nd</sup> May – Eid al-Fitr Monday 2 <sup>nd</sup> May – Bank Holiday Tuesday 3 <sup>rd</sup> May – Year 2 Assessment	Earlier this week, I (Mr Kaitell) read an article which resonated with me, thus I wanted to share the concept with you in this edition of Snippets. It was an article entitled: "The Power of Pause."
month Wednesday 4 <sup>th</sup> & Thursday 5 <sup>th</sup> May – Reception and 3G Parent/Carer Evening Friday 6 <sup>th</sup> May – Young Voices Concert O2 Monday 9 <sup>th</sup> to Thursday 12 <sup>th</sup> May – Year 6 Breakfast & SATs Thursday 19 <sup>th</sup> May – Year 6 Raphael's Park Monday 30 <sup>th</sup> May to Tuesday 7 <sup>th</sup> June - Half Term	There is less than a 1-second gap between what happens in the world around us and our response. Most of the time, we react rather than respond. The key to responding is to lengthen that gap between what happens and your awareness of it – to become aware and to respond rather than react. This pause is even more important when you feel upset or stressed. When you feel upset, let that be an alarm bell to your conscious mind to pay attention – to become aware.
<ul> <li>Thursday 9<sup>th</sup> June – Parent/Carer Platinum Jubilee Afternoon Tea.</li> <li>Friday 10<sup>th</sup> June – Platinum Jubilee event including sports day &amp; picnic.</li> <li>Tuesday 14<sup>th</sup> June – Young Citizens' – Y6</li> </ul>	So, from today – try it. Before you react – try pausing. Pause; ground yourself by placing your feet firmly on the floor; take a deep breath, then look at your child, really look at them – with curiosity – and respond instead of reacting.
<b>Tuesday 14<sup>th</sup> June</b> – Great Science Share <b>Friday 17<sup>th</sup> June</b> – Music in the Round – Y2 <b>Friday 24<sup>th</sup> June</b> – Road Safety Workshop – whole school	When you see us at the gate, do let us know how you get on with The Power of Pause.
Friday 8 <sup>th</sup> July – Modern Day Slavery Event Thursday 21 <sup>st</sup> July – Last day of academic year – school closes at 12pm for Year 6 & 1pm rest of school. Thrive School of Excellence	We enjoy our marshalling duties as we greet and meet you all in the mornings, but please remember we are not supervising playtime at the beginning of the school day. When the gates open at 8:30 each morning, your child must immediately go into school ready for the school day. They remain in your care until they walk through the door.
thrive Thrive School of Excellence 2021	Have a wonderful weekend, and enjoyable Bank Holiday Monday. Selina Frazer & Michael Kaitell, Co-Headteachers
Reminder	Attendance
	Congratulations to <u>2K</u> in Key Stage 1 who achieved <u>96.05%</u> this week and to <u>4G</u> in Key Stage 2 with <u>99.18%</u>
	ClassAttendance %ClassAttendance %Attendance %
CONTACT INFORMATION UP-TO-DATE?	RB         89.49         2M         84.91         4R         93.51           RH         78.17         2T         92.05         5N         93.47           RR         95.80         3D         84.47         5P         89.41           1H         96.31         3G         93.83         5R         95.42           1L         95.26         3T         97.46         6A         97.58
Please remember to inform us of any changes to your address / telephone numbers. We need your correct details in case of emergencies and to allow you access to ParentHub.	1R       94.46       4E       93.28       6L       91.24         2K       96.05       4G       99.18       6Y       94.47         Image: Constraint of the state of the st

#### Parent Hub

We would like all parents/carers to join us on Parent Hub.

Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

- 1. Download the Parent Hub app from your app store (iPhone or Android).
- 2. Create yourself an account.
- 3. Choose "Add a School" and enter:

@HuntersHallPS

#### School Uniform

Geography

School uniform can be purchased every Monday from 3:00-4:00pm in the dining hall.

Uniform can also be purchased online: www.schooluniformdirect.org.uk/schools/product-category/schools-andclubs/hunters-hall-primary/

#### Or

Telephone: 01992 763679 Email: <u>info@schooluniformdirect.org.uk</u>





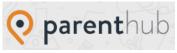
In Year 1, the children have been looking at the origin of food. On Wednesday, the children used a world map to link the food to the country.



here does our food come from? | BBC Teach

<u>https://www.youtube.com/watch?v=9Opt06QF9WY</u> Click the link to watch a video clip about where our food comes from and how it gets to the UK.





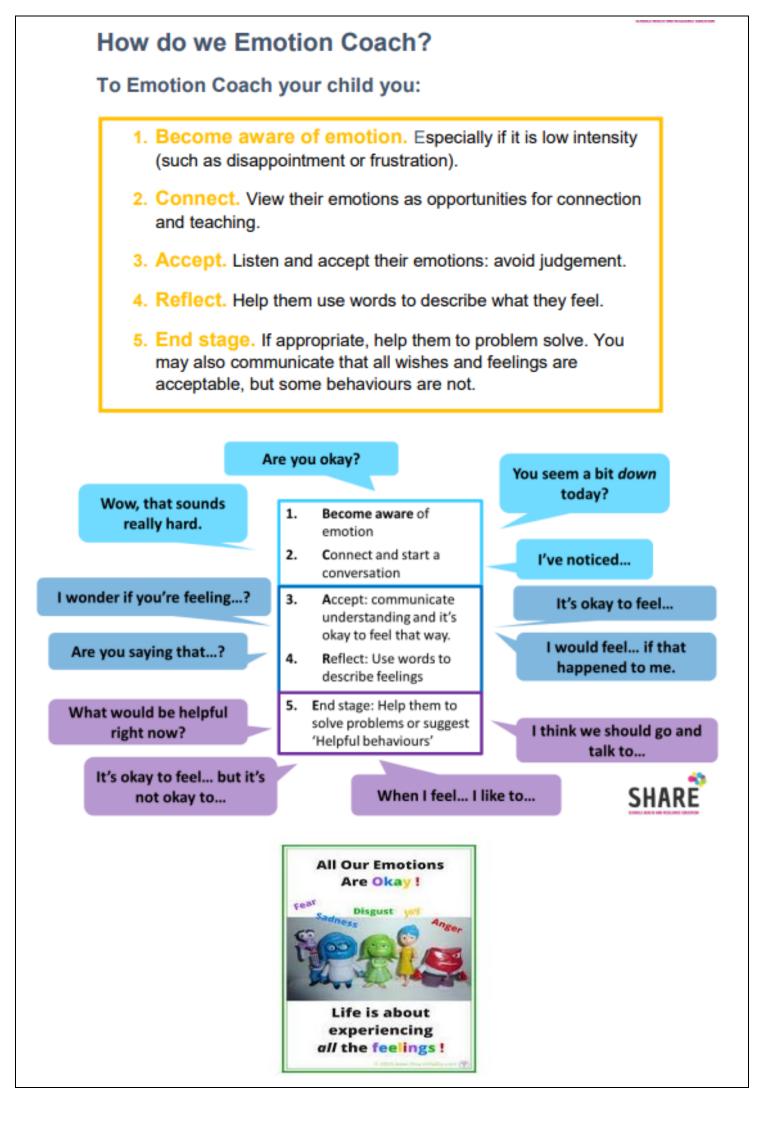
# What is Emotion Coaching?

- Emotion Coaching is a communication tool that uses moments of emotion to guide and teach a child or young person about more effective responses.
- Accepts all emotions as normal and healthy (but not all behaviours), and considers what the feelings, needs and emotions are behind the behaviour.
- It enables us to potentially diffuse and de-escalate situations by activating changes in the child's neurological system and allowing the child to calm down, physiologically and psychologically.
- Emotion Coaching helps children to feel seen, appreciated and cared for.
- Whilst the research is grounded in parenting, the principles hold true for any interaction (it can be used with your partner, friend, colleague etc)

# Why Emotion Coach?

Emotion Coached children and young people:

- Achieve more academically in school
- Are more popular
- Have fewer behavioural problems
- Have fewer infectious illnesses
- Are more emotionally stable
- Are more resilient
   (Gottman 1997)



## New Members of Hunters Hall

10

You can find us in the Thrive Hub.

We like playing hide and seek...

We are nice and toasty...

#### RockSteady

# **IN ROCKERS**

## FOR RECEPTION TO YEAR 2

Fun and inclusive in-school rock and pop band lessons, for Reception, Year 1 and Year 2. No experience or instrument required.



### FOR YEARS 3 AND 4

Fun and inclusive in-school rock and pop band lessons, for Years 3 and 4. No experience or instrument required.



#### https://www.rocksteadymusicschool.com/info-for-parents

#### Learn to play in a band

Learning an instrument should be fun. Your child can choose from the electric guitar, keyboard, drums or vocals and enjoy playing in a happy, supportive environment with their friends.

#### Lead by real musicians

Your child's music teacher should also be their role model. Which is why all Rocksteady Band Leaders are carefully chosen, extensively trained musicians who know how to inspire a life-long love of playing music.

#### In school time

Lessons are 30 minutes long and take place in school time with all instruments provided, making it hassle-free for parents.

#### From first notes to favourite songs

The Rocksteady Programme is for all children aged 4-11 and is proven to progress musicianship, confidence and teamwork skills with no prior experience necessary.

#### With regular live performances

Playing on stage is a huge confidence booster. With termly concerts at school assemblies, your child will be able to show off their progress to friends, teachers and parents with the rest of their band.

#### And happily affordable

Rocksteady is one of the most hassle-free ways to learn an instrument on a rolling subscription that you can cancel at any time. It's risk free too – cancel in the first month and you'll get a full refund.

#### Call 0330 113 0330

#### GoZen

## Have great conversations!

Starting good conversations with kids can be challenging. So often we ask them about their day only to receive one-word answers or shrugs. Our kids often feel the same way about starting conversations with us.

Fortunately, great conversation skills can be learned! Asking engaging questions with genuine curiosity really gets people of all ages talking.

These conversation cards are great to use at dinner, during car rides, or before bed each night. Try to build a daily habit: establish a ritual of conversation! Use a calendar to track your conversations. For an added challenge, you can each try writing your own questions!

Print and cut out these cards or just use them digitally!







# YOUR CHANCE TO RACE WITH THE PROS!

At BikeFest on 21 May we are offering Barking and Dagenham residents the opportunity to compete on the Tour Series racing circuit.

We have races varying in length for every age group in the following categories:

Under 8's. Under 10's. Under 12's. Under 14's. Under 16's and male and female novices.

We are also hosting a race for disabled riders. Contact Trailnet by email: office@trailnet.org.uk or call 01277 811012 for further details.

Participants' medals and trophies in every category.





For further information see yourcall.befirst.london/the-barking-bikefest





