



Hunters Hall Primary School

Snippets

Issue: 25
March 2022

Dates for the Diary

Spring Term 2022

- Tuesday 29th March** – Change of dinner menu (see poster below)
- Wednesday 30th March** – Parents' Evening (3:30-6:00pm)
- Thursday 31st March** – **Easter Special Coffee Morning POSTPONED**
- Thursday 31st March** – Parents' Evening (3:30-6:00pm)
- Friday 1st April** – Dare to be different
- Friday 1st April** – Last day for all children
- Monday 4th to Monday 18th April** – Easter Holidays

Summer Term 2022

- Tuesday 19th April** – All pupils return to school.
- Tuesday 19th April** – 4E & 4G swimming

Dear Parent/Carer,

This week, we have heard stories from some of our fantastic children and families about how they are truly living our school vision: "I can be anything I want, if I can just believe in me." Within this edition of Snippets, you will read about some of these amazing accomplishments.

Also this week, we have seen how some children and parents have taken on the message from last week's Snippets about the Drama Triangle, instead they have displayed attributes that can be seen within The Empowerment Dynamic (see article below) By assuming the role of "Creator", "Challenger" or "Coach" a person recognises the power that they possess and how they can use this positively.

We wanted to say a personal thank you to everybody who contributed to raising funds for Comic Relief – as a school, we raised £374.41

Next Friday, the staff are daring the children to dress differently. Staff will be donating as much as they can, and this money will go to the Sycamore Trust - a charity that helps families for whom autism is part of their daily life.

Over the past couple of weeks, we have seen a continued rise in the number of Covid cases resulting in pupils and staff being ill. We have strived to be able to offer face-to-face teaching since September. Regrettably, due to staff shortages we will have to close part of a bubble next week. Any year groups affected will receive a letter and notification on Parenthub.

Kindest regards,

Selina Frazer & Michael Kaitell,
Co-Headteachers

Thrive School of Excellence



Team Points

TEAM POINTS		
	Tigers	560
	Bears	627
	Wolves	552
	Sharks	417
	Komodo Dragon	456

Attendance

Congratulations to 1L in Key Stage 1 who achieved 96.58% this week and to 3D in Key Stage 2 with 100%

Class	Attendance %	Class	Attendance %	Class	Attendance %
RB	90.55	2M	93.94	4R	94.16
RH	95.58	2T	95.44	5N	88.19
RR	96.86	3D	100	5P	90.27
1H	96.58	3G	88.53	5R	96.56
1L	99.21	3T	97.02	6A	91.98
1R	95.94	4E	92.91	6L	93.55
2K	92.37	4G	97.53	6Y	83.11



Parent Hub

We would like all parents/carers to join us on Parent Hub.

Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.



1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose "Add a School" and enter:
@HuntersHallIPS

School Uniform

School uniform can be purchased every Monday from 3:00-4:00pm in the dining hall.

Uniform can also be purchased online:

www.schooluniformdirect.org.uk/schools/product-category/schools-and-clubs/hunters-hall-primary/

Or

Telephone: 01992 763679

Email: info@schooluniformdirect.org.uk



Happy Easter Dinner Menu



HAPPY EASTER

29th March 2022

ALL DAY BREAKFAST LUNCH

Sausages
Best of British Vegetarian Sausages
Scrambled Eggs
Hash Browns
Tomato
Baked Beans

Ice Cream Sponge Roll

Jacket Potato and Rolls with a Variety of Fillings



Barking and Dagenham Cycling Club

On Saturday there is a FREE instructor led ride from The Hub at Barking Riverside at 11am. It will be a sociable pace that suits the whole group.

Also available FREE Learn to Ride sessions available for all ages.

From 11am - 3pm a Drop in Workshop is available. You fix your bike with the advice of the mechanic and use of their tools and only pay for parts if needed.

Adults and children welcome.

For more information and to book your place via email: info@vandomecycles.co.uk



RockSteady Concert





MINI ROCKERS

FOR RECEPTION TO YEAR 2

Fun and inclusive in-school rock and pop band lessons, for Reception, Year 1 and Year 2. No experience or instrument required.



ROCK HEROES

FOR YEARS 3 AND 4

Fun and inclusive in-school rock and pop band lessons, for Years 3 and 4. No experience or instrument required.



ROCK ICONS

FOR YEARS 5 AND 6

Fun and inclusive in-school rock and pop band lessons, for Years 5 and 6. No experience or instrument required.

<https://www.rocksteadymusicschool.com/info-for-parents>

- ✓ **Learn to play in a band**
Learning an instrument should be fun. Your child can choose from the electric guitar, keyboard, drums or vocals and enjoy playing in a happy, supportive environment with their friends.
- ✓ **Lead by real musicians**
Your child's music teacher should also be their role model. Which is why all Rocksteady Band Leaders are carefully chosen, extensively trained musicians who know how to inspire a life-long love of playing music.
- ✓ **In school time**
Lessons are 30 minutes long and take place in school time with all instruments provided, making it hassle-free for parents.
- ✓ **From first notes to favourite songs**
The Rocksteady Programme is for all children aged 4-11 and is proven to progress musicianship, confidence and teamwork skills with no prior experience necessary.
- ✓ **With regular live performances**
Playing on stage is a huge confidence booster. With termly concerts at school assemblies, your child will be able to show off their progress to friends, teachers and parents with the rest of their band.
- ✓ **And happily affordable**
Rocksteady is one of the most hassle-free ways to learn an instrument on a rolling subscription that you can cancel at any time. It's risk free too – cancel in the first month and you'll get a full refund.

Call 0330 113 0330

Dare to be Different

The Staff at Hunters Hall Primary School dare you to dress differently on Friday 1st April 2022. They pledge to raise as much money if you achieve this dare. (Children do not need to donate anything)



The premise behind Dare to be Different is that we'd like to encourage people to see the world slightly differently for a day, so we're asking everyone to dress a little differently on that Friday to show they care. Whatever works for you is ok, it can be anything you want; it might be odd socks or your pyjamas. It might be a dinner suit or a football kit; whatever you decide is ok with us because celebrating the differences is what we're all about.

We're hoping that lots of people embrace the idea and send photos of people dressed differently and tweet them to #DARETOBEDIFFERENT and see if we can get everyone talking about autism.

Autism is a lifelong developmental condition. Autism Spectrum Disorder, or ASD, is a term used to describe a common set of characteristics related to the ability of understanding and communicating with the world. People with ASD can present their disability in a number of ways and at very different degrees. ASD can affect people of any level of intellectual ability.

Common Characteristics of Autism.

There are many characteristics that individuals on the Autistic Spectrum may display. Some of the more common include:

- Non-verbal / limited speech or delayed language development
- Poor or no eye-contact
- Difficulty understanding social situations
- Prefer solitary activities
- Be resistant to change
- Have a narrow range of interests
- Take things literally
- Strong sense of smell, sound, light, taste or textures
- Use sensory stimulating (stimming) gestures, such as spinning, hand flapping etc)
- Challenging behaviours

TED* (*THE EMPOWERMENT DYNAMIC)™



Which Role Will You Play?



The Empowerment Dynamic Explained

Last week we spoke about the Drama Triangle.

When in conflict people step into three primary “roles” or patterns of destructive and reactive behaviour.

The primary role is that of a Victim, who feels powerless over the situation and often gives up on what they want. They may step back, disengage, complain, or say, consciously or unconsciously, “poor me.”

The second role is that of a Persecutor which, while often a person, it can be a condition (e.g. health) or a situation (e.g. a natural disaster)—anyone or anything that causes the Victim to feel powerless or hopeless.

A person who “plays” the role of Persecutor blames the Victim and tries to control and manage the situation. When in the Persecuting role one often says, “Who caused this problem?” or “Who is to blame here?” When this conflict occurs, the Rescuer emerges, which is the third role in the DDT.

The Rescuer tries to repair the conflict, by being helpful and pleasing, hoping to alleviate the suffering of the Victim by either “fixing” them or the situation. When in the Rescuer role, one thinks they are helping the situation when they are, unintentionally, adding energy to the dance of the drama.

People shift in and out of all three roles in the DDT, sometimes at lightning speed, racing around the very dynamic and reactive Drama Triangle roles. The result is people feel trapped in the DDT and often everyone feels victimized by the situation.

But there is a way out!

The Empowerment Dynamic (TED) a set of relationships or roles that serve as the alternative “antidote” to the toxic Drama Triangle and to living life victimized by drama. Through the roles of Creator, Challenger, and Coach, TED* empowers us to choose our response to life’s difficult situations.

The Drama Triangle brings to life relationships in conflict, while The Empowerment Dynamic describes relationships that are positive, constructive, empowering, resilient, and outcome based.

Reconnecting to your dreams and desires, and acting toward those outcomes, shifts your mindset for what you don’t want to what you do want. When this shift in focus occurs, something amazing happens. You feel inspired and capable to live a life of choice and empowerment.

The TED* roles of Creator, Challenger, and Coach are the essence of who you are, encouraging you to step into the light of your dreams and desires. They work together to bring forward the best version of yourself.

Creator is the central role in TED* and the positive alternative to the Victim role in the DDT. Creators know they can choose their response to life’s challenges. A Creator is outcome-focused and passion-powered, focusing on what inspires them. This positive alternative to the Victim generates forward energy, propelling one to take generative action, by taking one Baby Step at a time.

Challenger is the positive alternative to the Persecutor. In relationships to others, a Challenger consciously builds others up, encouraging them to also learn and grow, despite difficult situations. Challengers are catalysts for learning and are willing to stand for the vision, even when others do not. Rather than criticizing or blaming, a Challenger inspires others to reach for the highest good of all involved. Willing to shake things up and go to the heart of the matter, Challengers are sometimes called the “truth-tellers,” in service to outcomes and the Co-Creators with whom they interact.

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Our school's vision:

"I can be anything I want...
If I can just believe in me."



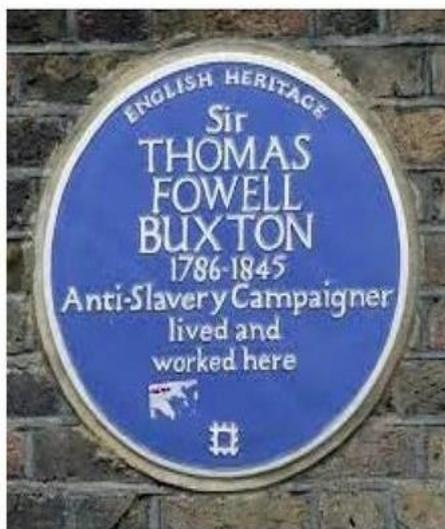
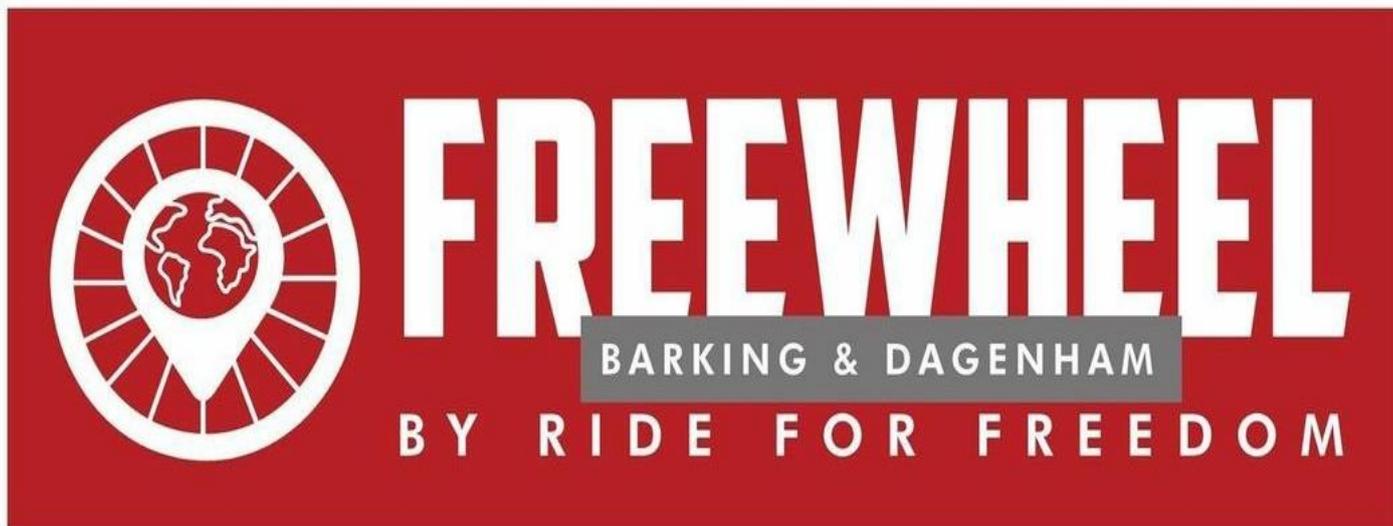
At Hunters Hall Primary School, our ethos incorporates:
British Values; promotes high self- esteem; enjoyment; empowerment; high expectation of achievement; respect, and equality for all. We do this within a nurturing, vibrant, and safe environment.
Our intention is to value each day by making it engaging, challenging, productive, and equipping every pupil with the essential knowledge, transferable skills, compassion, and resilience to have success in the future.
Our school song: "Believe" highlights the characteristics and attitudes which we, as a school, feel are essential to achieving greatness.

Ride for Freedom

Today, Friday 25th March, is the UN International Day of Remembrance of the victims of Slavery and the Transatlantic Slave Trade.

Ride for Freedom's Freewheel program empowers survivors of modern day slavery to cycle by giving them bikes, helmets, lock, and lights. Ensuring they have cycling proficiency and road awareness training to support their physical and mental health, wellbeing, mobility, and independence.

Our very own Gabriel is one of the cyclists taking part alongside Gordon Miller. The ride left Dagenham and Redbridge FC this morning. We hope to hear more about the cause from Gabriel in next week's Snippets.



Formula 1 in the making...

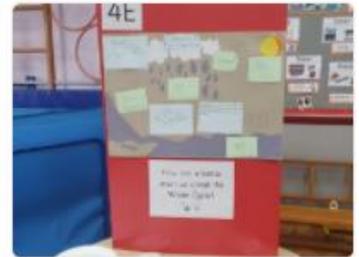
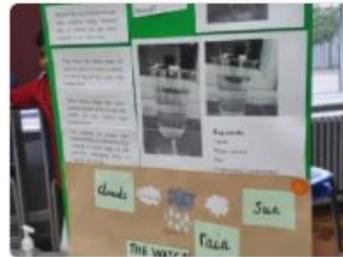
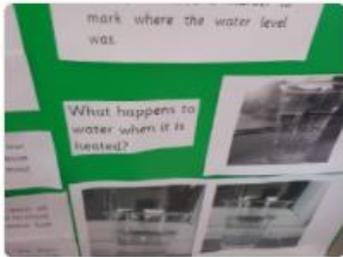


Since the age of 5 years old, Darin has been developing his skills as a kart racer. He has become one of the smallest kart racers that officially can compete in the Official British Kart Championship. He has stood on many podiums and achieved many medals. He was Roki driver in Super one in September, also he won a 3rd place in London's Wintercup 2021 at Rayhouse Championship. He is on 5th position on UKI KR championship for 2021.

Hopefully after Easter we will have Darin and his family bringing his kart to school and telling other children about what racing means to him that he promotes our school ethos about belief and dreams.



Science Fair



"Last week it was Science Week and Hunters Hall hosted our very first Science Fair! All the KS2 classes came up with a fun, interactive science investigation and every year group came to visit and take part in their investigation. It was a fantastic success and it was wonderful to see the children interacting with each other."
Ms Vernon

It was so exciting showing children how to make the volcano erupt. - Gabriele - 3G

I really liked the 3D marble runs and the Year 4 rain cloud experiment - Joel - 3G

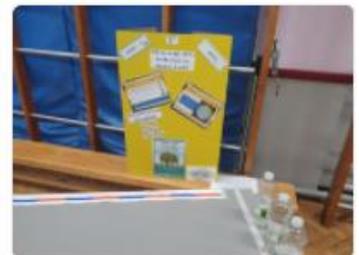
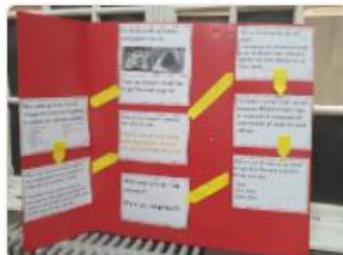
4R's Science investigation was about Evaporation. We put a cup of tap water on the window ledge and marked the water level on day 1. Each day, we checked to see if any of the water evaporated. It took a few days but the water slowly evaporated over time. I liked 5P's Science show because I liked how they got a plastic bottle and made it into a car. A straw was attached balloon and when they blew air into it, the car moved. - Bobby, 4R.

Semilore 4G: I liked presenting my teams experiment to other classes. it made me happy when other people were interested in what we had done.

Radville 4G: I felt excited because I got to show other people our experiment. Everyone seemed to like ours.

Archie 4G: I really like 3T's experiment where tested how fast a bottled rolled depending on whether it was full or empty. My cousin was in the team I watched.

Joseph 4G: I liked the experiment where I had to close my eyes and hold my nose and guess whether the food was apple or potato. I got the right answer!!



Year 1 - Dino Day

