



Hunters Hall Primary School

Snippets

Issue: 9
March 2021

Dates for the Diary

Spring Term 2021

Friday 12th March – Reconnecting Assembly

Thursday 25th March – Easter menu

Thursday 1st April 2021 – Last day of Spring Term.

Friday 2nd April 2021 – Good Friday

Friday 2nd April to Friday 16th April – Easter Holidays

Summer Term 2021

Monday 19th April – Children return to school



Dear Parent/Carer,

Welcome back to everyone!

What a joy it has been to hear the sound of children's voices and laughter throughout the school, and the buzz of children's energy in the playgrounds.

This morning we all reconnected through a virtual assembly with every classroom and every office in the school participating. Members of staff who were unable to be in school, joined in. It was my first experience of leading a whole school virtual assembly and I found it tremendously moving and exciting.

Thank you to Mrs Bright who co-hosted the assembly and led the whole school in one of our favourite songs, We Are One. We Belong. At last, the sound of wonderful singing could be heard in Hunters Hall as classroom doors were opened so we could connect in one communal voice.

This week we have all been reminded of the importance of connection and belonging. We look forward to meeting again on Monday morning.

Enjoy your weekend.

Selina Frazer,
Headteacher.



School Uniform



School uniform can be purchased online:

www.schooluniformdirect.org.uk/schools/product-category/schools-and-clubs/hunters-hall-primary/

Or

Telephone: 01992 763679

Email: info@schooluniformdirect.org.uk

Parent Hub

We would like all parents/carers to join us on Parent Hub.



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose "Add a School" and enter:

@HuntersHallIPS

Attendance

Congratulations to 2K in Key Stage 1 who achieved 98.94% this week and to 3D & 4E in Key Stage 2 both with 100%

Class	Attendance %	Class	Attendance %	Class	Attendance %
RB	93.44	2R	96.72	4R	98.35
RH	90.84	2T	93.44	5A	97.06
RM	98.52	3D	100	5H	98.86
1C	98.37	3G	93.89	5S	98.27
1H	94.86	3T	99.21	6P	99.60
1L	98.41	4E	100	6VC	99.15
2K	98.94	4N	98.98	6Y	96.84



Cloud Watching

On a cloudy day go outside, look at the sky and watch the clouds.

Are they moving slowly or quickly?

Are they large and fluffy or thin and wispy?



How would you describe them?

Are they just white? Can you compare their shape to something else?

Do any of the clouds look like real objects?

Inside: you could look at this website: <https://cloudappreciationsociety.org/>

Pastoral Team & Thrive Approach Practitioners

Are you worried about anything?



"I can be anything I want. If I can just believe in me."

Meet our Pastoral Team

Speak to us, we are always here to listen and help.



Miss Frazer DDSL
Headteacher



Mrs Downes DSL
Safeguarding & Attendance
Manager



Mr Kaitell DDSL
Deputy Headteacher
Thrive Practitioner



Miss Gough
Learning Mentor
Thrive Practitioner



Miss Cooper
Assistant Headteacher
Thrive Practitioner



Mr Bellevue
Family Support Worker
Thrive Practitioner



Mrs Baker
Thrive Practitioner



Mrs Copperthwaite
Drawing & Talking Practitioner



Mrs Meyers
Thrive Practitioner



Are you worried about anything?



"I can be anything I want. If I can just believe in me."

Meet More of Our Thrive Practitioners

Speak to us, we are always here to listen and help.



Mrs Belcher
Thrive Practitioner



Mrs Bevis
Thrive Practitioner



Miss Cooney
Thrive Practitioner



Mr Chew
Thrive Practitioner



Miss Ryan
Thrive Practitioner



Miss Wade
Thrive Practitioner



Mrs Willats
Thrive Practitioner

Who will be the next member of staff trained in the Thrive Approach?

Thrive Practitioner

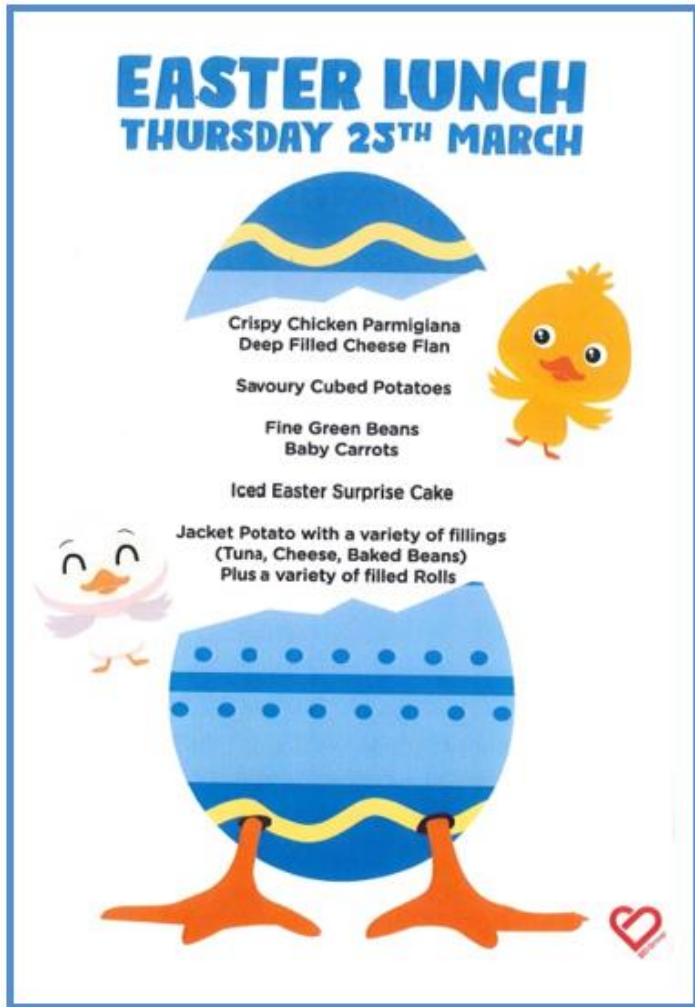
Who will be the next member of staff trained in the Thrive Approach?

Thrive Practitioner



Easter Lunch Menu

Please make sure you have credit on ParentPay.



Find Your Calm Plan

Focus on what you **can** control to *reduce* your anxiety

Identify **3 positives** at the end of each day and *revisit* them at the start of the next day

Neutralise those **negative thoughts** by **reframing** them into more effective ones and remember **a thought is not necessarily true**

Develop a **self-care plan** and stick to it! Write it down and follow it each day and remember **self-care is not selfish** and *you cannot pour from an empty vessel*

Yourself first - Attend to your own needs for calm so that you can share it with your child and remember **you cannot regulate others if you are unregulated**

Observe your breathing and take **deep breaths** when it becomes shallow or **tight** and **Put your hand on your heart and just PAUSE**

Understand that it is **normal** to feel anxious when we are in uncertain times and try to *remain hopeful* knowing that **this too shall pass**

Regulate **regularly** and use Grounding, Best breathing, Mindfulness and exercise to soothe your nervous system – **practice really does make it better!**

CO-regulate with your child and **show them how you do it – MIRROR ME** - copy my breathing - 'Let's visualise together, lets draw out the worries or dance/jog them out together!'

Acept yourself in the moment and have some **self-compassion** – *you cannot always get it right* and it's okay to take some **time out to vent**

Look and learn from what happens and the mistakes you and others make and be **solution focused** identifying what **DID** work well or better and problem solving instead of being problem focused

Moderate and manage your **self-care plan** and *adapt and be flexible* in the moment knowing that **finding your calm daily** will only benefit you and yours!

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Census 2021

Census Day is Sunday 21 March and it's fast approaching. The census helps to plan and fund public services in your area, including your school, transport and the NHS. The information provided will help to make sure that services meet the needs of our changing society.

You will receive a letter in the post from the Office for National Statistics (ONS). You will then need to fill in the census questionnaire on Sunday 21 March 2021 or as soon as possible after. You can visit www.census.gov.uk to find more information on how to fill in your census questionnaire or if you would prefer to complete the census online then visit: <https://census.gov.uk/en/start/>



Science Week - Year 2

The children in 2K were testing the properties of different objects/materials such as a brick, jar. Thinking about what material it was made out of. They were also answering questions such as can it be bent? Can it be twisted?



Your Innovations Responses

Hi! I'm Ayaan from RB.

Innovation is in my blood! My uncle Syed Ahmed invented the world's fastest, smartest and most hygienic hand dryer known as The Savortex Ad Dryer; an award winning revolutionary sustainable innovation as featured in Forbes, and holds a Guinness world book of record!

My uncle inspires me to be innovative and I love trying out different things myself at home. I hope one day I can be a successful innovator like my uncle!

You can see my uncle in the attached image doing what he does best, inspiring through innovation! You might recognise him from TV, he's often on Bloomberg, Sky News and was on BBC's The Apprentice 15 years ago!

I think the entrepreneurial spirit runs in the family! Watch this space!



Hi,

Thank for the opportunity to participate and share our thoughts in this year's Science week.

To me, the Computer is an innovation that is very important and highly appealing to me. Since last year, the entire world has battled with the pandemic. The message has been stay at home, save lives and save NHS. The computer helps us to still be in communication with the world. Many of us were able to work from home, students were taught from home, even football players were drilled on their fitness via the computer. One does not have to go to gym, you can switch on to any programme on the computer to drive your exercise regime. Imagine there was no computer, in the past few months, our world would have been completely grinded to a halt.

Pandemic aside, the computer has helped to manage space. Gone are the days you go offices and all you can see heaps of files. Today files are stored electronically and it can be accessed anywhere you are in the world. The Computer has changed our world for good and it is the innovation most important to me.

Kind regards

Jide Fawunmi

My favourite innovation is probably the radio as I love music but also the connection that radio presenters can have with a wide audience. I listen to the radio on my journey to and from school and it can really help set my day.

Mr Kaitell

GANGS & EXPLOITATION AWARENESS

A 3-week online programme
for parents and carers



Hosted by **DC Anoushka Dunic**,
East Area Gangs Engagement Officer



This commended FREE course is available online for ALL parents and carers in Barking & Dagenham, Havering and Redbridge! The course is 3 weeks long, with a 2 hour ONLINE session per week.

This round will be delivered on Microsoft Teams (This App can downloaded on phones, tablets or laptops). You can remain anonymous and be as interactive as you feel comfortable with.

The dates for this course are THURSDAYS 15th, 22nd & 29th APRIL at 7-9pm.

(All sessions to be attended)

Gangs & Exploitation Awareness Training for Parents and Carers–

We will be discussing the following topics-

- What street gangs are and what they do.
- To understand some of the language/social media used by gangs and young people.
- Looking into the term “county lines”
- The different stages of exploitation and recognise some of the signs and symptoms of children who may have been exploited.
- Stress responses and behaviour.
- Some of the reasons children may be more vulnerable to exploitation by gangs and the link to childhood trauma.
- The trauma experienced by children and young people involved in gang lifestyles.
- “Attachment” and the need for strong, nurturing attachments between parent/caregiver and child.
- Resilience in children.
- Parenting tools.
- Why our children may resist help/support from services.

To book your space please follow- <https://www.eventbrite.co.uk/e/gangs-exploitation-awareness-for-parentscarers-3-week-online-course-tickets-142936846957>