



# Hunters Hall Primary School

## Snippets

Issue: 11  
March 2021

### Dates for the Diary

#### Spring Term 2021

**Sunday 28<sup>th</sup> March** – Start of British Summer Time

**Monday 29<sup>th</sup>, Tuesday 30<sup>th</sup>, Wednesday 31<sup>st</sup> March and Thursday 1<sup>st</sup> April** – Parents' Consultation (Telephone/Zoom)

**Thursday 1<sup>st</sup> April 2021** – Last day of Spring Term.

**Friday 2<sup>nd</sup> April 2021** – Good Friday

**Friday 2<sup>nd</sup> April to Friday 16<sup>th</sup> April** – Easter Holidays

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#### Summer Term 2021

**Monday 19<sup>th</sup> April** – Children return to school

Dear Parent/Carer,

Today our "Thrive Friday" saw everyone involved in writing or drawing something about kindness on a cut out teddy bear in view to form an enormous chain of kindness which we hope will reach far beyond our school. There is further information on our chain of kindness in this edition of Snippets.

Performing an act of kindness supports our own wellbeing and helps us connect and feel valued by others. To be the recipient of an act of kindness can change our mood. The act can be as simple as a smile or just noticing or listening to someone.

So often, we witness people whose own stresses result in them being unkind or discriminatory to others. Such attitudes only serve to upset the person themselves and those on the receiving end of poor behaviour. Using our Zones of Regulation, we encourage all our children to firstly, be aware of how they are feeling. Then, use strategies taught to regulate their emotions. This reduces the chance of an angry outburst or an inability to express their feelings.

When we are emotionally regulated, it is so much easier to be kind and recognise who might appreciate a kindly smile or an act or gift of kindness.

I wish you all a very happy weekend.

Selina Frazer,  
Headteacher



### Cleaner Vacancy

We are now recruiting for the position of a cleaner. The closing date for applications is noon on Thursday 1<sup>st</sup> April. Pick up an application pack from the office or download from the school website at the following link:  
<http://www.huntershallprimary.org.uk/vacancies/197.html>

### School Uniform

School uniform can be purchased online:  
[www.schooluniformdirect.org.uk/schools/product-category/schools-and-clubs/hunters-hall-primary/](http://www.schooluniformdirect.org.uk/schools/product-category/schools-and-clubs/hunters-hall-primary/)

Or

Telephone: 01992 763679

Email: [info@schooluniformdirect.org.uk](mailto:info@schooluniformdirect.org.uk)



### Parking Notice

#### PARKING REMINDER

Please be considerate to our neighbours by not blocking their driveways when dropping off or collecting your children from school. *Thank you*

### Parent Hub

We would like all parents/carers to join us on Parent Hub.



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose "Add a School" and enter:

**@HuntersHallIPS**

### Attendance

Congratulations to 1C in Key Stage 1 who achieved 100% this week and to both 3T & 4E in Key Stage 2 also with 100%

Class	Attendance %	Class	Attendance %	Class	Attendance %
RB	99.07	2R	98.32	4R	92.79
RH	99.52	2T	98.00	5A	96.12
RM	99.15	3D	94.50	5H	99.00
1C	100	3G	99.14	5S	96.88
1H	87.07	3T	100	6P	99.49
1L	91.88	4E	100	6VC	98.91
2K	99.54	4N	99.11	6Y	96.94



## Puffin World of Stories



On Tuesday 23<sup>rd</sup> March 2021, we were delighted to receive four brilliant boxes loaded with new reading books. These books will refresh our school library and help encourage reading for enjoyment across the school. Miss Gurry was instrumental in obtaining this reading treasure, having completed some professional development with Puffin and the National Literacy Trust.



## Chain of Kindness

Following the wishes of Ava Cottell's parents, we have begun to create what will be a huge chain of kindness. Today, Friday 26<sup>th</sup> March saw every child and member of staff at Hunters Hall decorating and writing a message of kindness on a bear template. These bears will be linked together to make our Hunters Hall chain. Following this, all other schools will be asked to take part so that by 10<sup>th</sup> July 2021 which is Teddy Bears' Picnic Day - we will have our borough-wide chain of kindness.

The bears will have Ava's name written in one of the ears and the designer's initials/name in the other ear. Throughout the morning, the school received special visits from Cllr Darren Rodwell, Leader of the Council; the fire brigade, and a reporter from the Havering Post.



ACTION FOR HAPPINESS APP

Download the Action for Happiness app for [iOS](#) or [Android](#).



The Action for Happiness app is based on the themes and actions from the popular monthly calendars and aims to give users a couple of friendly "nudges" each day - firstly that day's action in the morning and secondly an inspiring message towards the end of the day.

On Tuesday 23<sup>rd</sup> March 2021 at 12 midday. The whole school stopped and joined in the national one-minute-silence to reflect on and pay our respects to all everybody affected by the pandemic.

At 8pm on the same day, the nation was asked to stand on their doorsteps with phones, candles and torches to signify a "beacon of remembrance".



Our Brain

# Forging New Connections



Recent advances in neuroscience have informed our understanding of the brain and nervous system, and how these develop during childhood and adolescence. The Thrive Approach uses the latest insights to focus on the impact these changes can have on behaviour, the opportunities these developments offer to help young people engage with life and learning, and how it is never too late to help make a difference.



Action for Happiness helps people take action for a happier and kinder world

Let's take action to look after ourselves and each other as we face this global crisis. We may be physically apart, but we can still be together.

- > Try our free 10 Days of Happiness program
- > Join our events with inspiring speakers

**This month's theme:** [Mindful March](#)



## Happiness: a skill you can learn

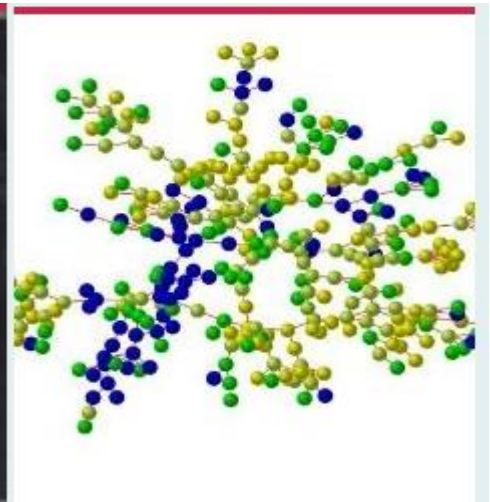
Western neuroscience has now confirmed what Eastern wisdom has known for a long time: happiness is a skill we can learn.

Research shows that happiness, compassion and kindness are the products of skills that can be learned and enhanced through training, thanks to the neuroplasticity of our brains.



## Positive emotions make us more resilient

Our emotions affect our long term well-being. Research shows that experiencing positive emotions in a 3-to-1 ratio with negative ones leads to a tipping point beyond which we naturally become more resilient to adversity and better able to achieve things.



## Happiness is contagious

Our happiness influences the people we know and the people they know.

Research shows that the happiness of a close contact increases the chance of being happy by 15%. The happiness of a 2nd-degree contact (e.g. friend's spouse) by 10% and the happiness of a 3rd-degree contact (e.g. friend of a friend of a friend) by 6%.

## GREAT DREAM

Ten keys to happier living

- |            |  |            |  |
|------------|--|------------|--|
| GIVING     |  | DIRECTION  |  |
| RELATING   |  | RESILIENCE |  |
| EXERCISING |  | EMOTIONS   |  |
| AWARENESS  |  | ACCEPTANCE |  |
| TRYING OUT |  | MEANING    |  |

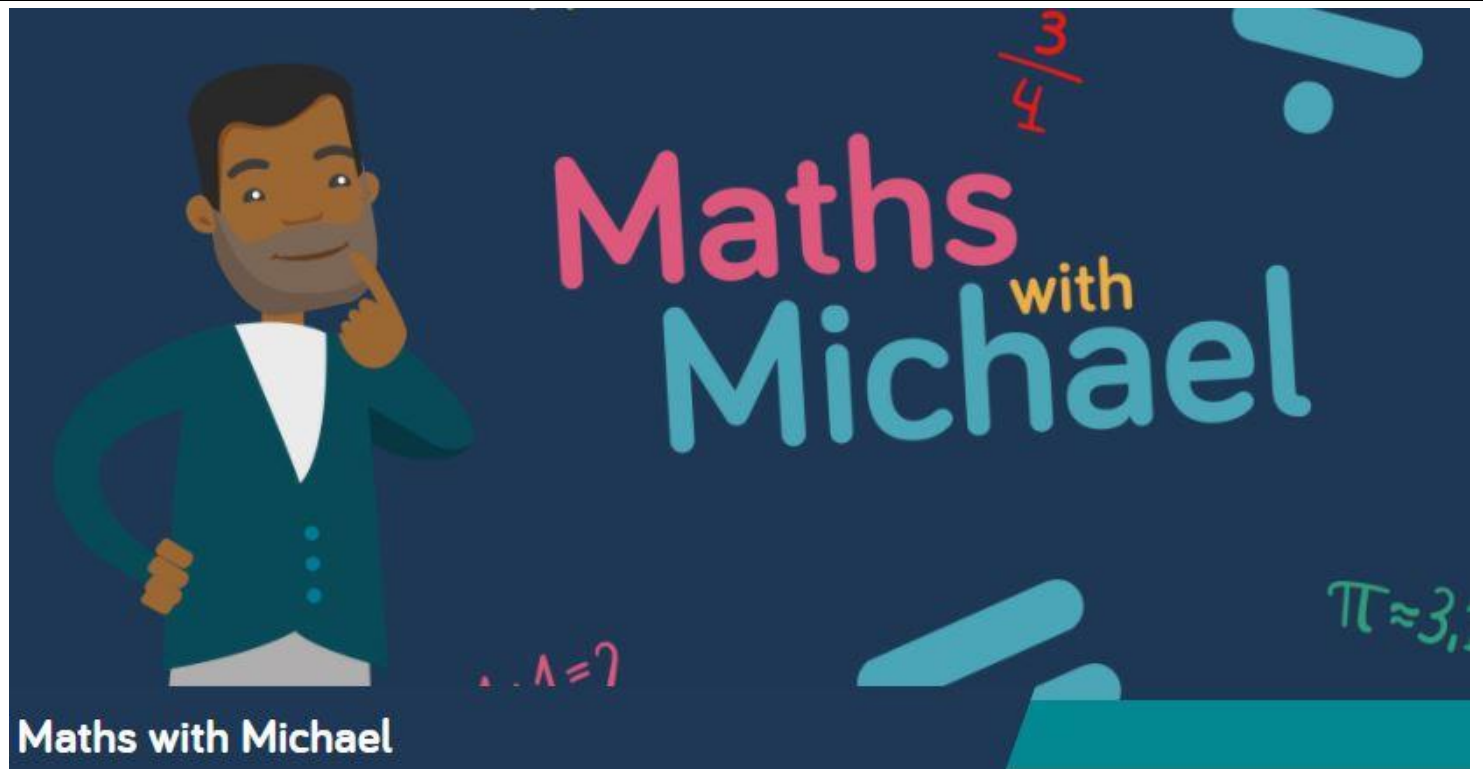
## 10 KEYS TO HAPPIER LIVING

Everyone's path to happiness is different. Based on the latest research, we have identified **10 Keys to Happier Living** that consistently tend to make life happier and more fulfilling. Together they spell "GREAT DREAM".

For each of the ten you'll find information, questions, resources and suggested actions to help apply them in your daily life. [Read more](#) or [order the book](#).



[SEE ALL ACTIONS](#)



White Rose Maths have teamed up with TV presenter, teacher and parent Michael Underwood to bring you a mini-series called Maths with Michael. We understand that many parents feel like maths has changed and can sometimes find it difficult to keep up to date with modern teaching methods in maths. Well don't worry, we're here to help. With over 80% of Primary schools and a growing number of Secondary schools using our free schemes of learning, supporting resources and assessments, we can help you bridge the gap between school and home.

Episodes will be released each **Sunday at 4pm** and **Wednesday at 7pm** for 3 weeks. Episodes will give you an introduction to place value, subtraction, multiplication, division, fractions and algebra. If popular and useful for parents and carers we may delve deeper into one of these topics in another mini-series. Now sit back and enjoy!  
<https://whiterosemaths.com/for-parents/maths-with-michael/>

### Natural Objects

#### Natural Objects Paint Chart

Using a paint chart colour try and find a natural object that matches the colour as closely as possible.



Inside: Visit: [www.seasaltcornwall.co.uk/blog/09/2019/how-to-make-natural-dyes-2/](http://www.seasaltcornwall.co.uk/blog/09/2019/how-to-make-natural-dyes-2/) ([www.seasaltcornwall.co.uk](http://www.seasaltcornwall.co.uk) search blog 'natural dye') to find out how to dye fabric using vegetables and fruits.