



Hunters Hall Primary School

Stay at home Snippets

Issue: 8
March 2021

Dates for the Diary

Monday 8th March 2021 – Reintegration of Years – Reception, Y1, Y3 & Y6

Tuesday 9th March 2021 – Reintegration of Years – Nursery am & pm, Y2, Y4 & Y5

Thursday 1st April 2021 – Last day of Spring Term.

Friday 2nd April 2021 – Good Friday



Headteacher's Message

Dear Parent/Carer,

I would like to take this opportunity to bullet point some of the main points for our return to school next week:

- Gates will open between 8:30 and 8:45 each day and marshals will supervise all children coming into school
- Year groups R; 2; 4 and 5 will be collected at 2:45 Monday to Thursday and 1:15 pm on Friday
- Year groups 1; 3 and 6 will be collected at 3pm, Monday to Thursday and 1:30pm on Friday
- Sibling groups in years 3, 4, 5 and 6 who would usually finish at different times, will be collected from the pagoda playground at 2:50 (1:20 on Fridays)
- Only one adult must accompany a child to and from school
- All people entering the school premises aged 12 and over, must wear a face mask which also covers their nose
- All adults must attempt to keep a 2 metre distance from each other
- Please hug your child before bringing them on to the premises so you do not linger in the school grounds and avoid too many people congregating.
- Please do not enter the school building but communicate through email at office@hunters-hall.bardaglea.org.uk or by phone 0208 270 4768
- Please keep to all one way systems
- All children will continue in year group bubbles
- Please see the letter from Matthew Cole, local Director of Public Health England, requesting all families have a weekly test to prevent a Covid outbreak in schools

Parent Hub

We would like all parents/carers to join us on Parent Hub.



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose "Add a School" and enter:
@HuntersHallPS

All necessary information for the return to full school opening can be found in my letter dated 1st March and posted on ParentHub.

We are very much looking forward to having all our children back with us from next week. We will be focusing on reconnection activities, so please reassure your child that their return to school will be a great experience with no cause for anxiety or nerves about learning.

Best wishes,

Selina Frazer,
Headteacher.

School Uniform



School uniform can be purchased online:

www.schooluniformdirect.org.uk/schools/product-category/schools-and-clubs/hunters-hall-primary/

Or

Telephone: 01992 763679

Email: info@schooluniformdirect.org.uk

Barking Town Hall
1 Town Square
Barking
11 7LU

26 February 2021

Dear Parents/Carers,

Covid 19 testing for pupils who do not have symptoms (asymptomatic)

I am writing to you as your local Director of Public Health to let you know about the increase in Covid-19 testing in the borough.

Owing to the number of Covid-19 cases locally, we are carrying out a programme of asymptomatic testing (for people not experiencing any symptoms). These tests will help to reduce the risk of people without symptoms unknowingly spreading the virus to others in the community.

To keep schools safe and protect the wider community, I am encouraging all pupils who are attending school to get a test. This is particularly important as we prepare for all children to return to school from 8th March.

I strongly encourage anyone they live with to get a test also to make sure that anyone who may be infectious does not come to school with the virus and potentially start an outbreak.

How do I book a test if I don't have symptoms?

Go to the government website <https://www.gov.uk/get-coronavirus-test> where you'll be asked some questions. Select the following options:

- NO to essential worker
- NO to having symptoms
- NO to being part of a trial or pilot
- YES - **My local council or health protection team has asked me (or someone I live with) to get a test, even though I do not have symptoms**

You can book your whole family by choosing 'add family members'.

I can't get to a testing centre, can we get tested at home?

Yes, you can ask to receive your test by post. When you are making your booking, answer 'Yes' to 'Is the person who needs a test part of a trial or government pilot project' and select the option that says 'The person is taking part in community testing'.

What should I do if my child, or someone in our household, tests positive?

If you receive a positive test result, have symptoms of Covid-19, or if you've had contact with someone who has, self-isolation is the only way to guarantee you won't pass the virus on to others.

If you have to isolate, you should start the 10-day self-isolation period straight away.

My child has tested positive recently, do they need to take another test?

If your child has tested positive in the last 90 days, they should not take another test as the dead virus may still show in their system, even if they have recovered.

What if my family is already self-isolating?

If you've been asked to self-isolate by the NHS Test and Trace Programme or by our Public Health team you can still get tested by ordering a home testing kit. You still need to complete your period of self-isolation, even if you test negative as symptoms can take 10 days to show.

More information can be found on the government's website.

Thank you for your support during these difficult times. By working together we have seen a massive reduction in the number of cases in Barking and Dagenham since January. Covid-19 is still taking people's lives, but your continued efforts will help us stop the spread.

Yours faithfully,



Matthew Cole
Director of Public Health

census 2021

The census is a count of all the people and households in England and Wales. It builds a snapshot of life, based on housing, facilities, jobs, transport, people's ages and the languages spoken. The first census was held in 1801, and has been held every ten years since then (except in 1941 due to the Second World War). The last census was held on 27

March 2011. Because it asks the same questions about everyone at the same time, the census gives a detailed picture of the entire population. This makes it easy to compare life in different parts of England and Wales. Because it takes place every ten years, it makes it easy to see how life changes over time.

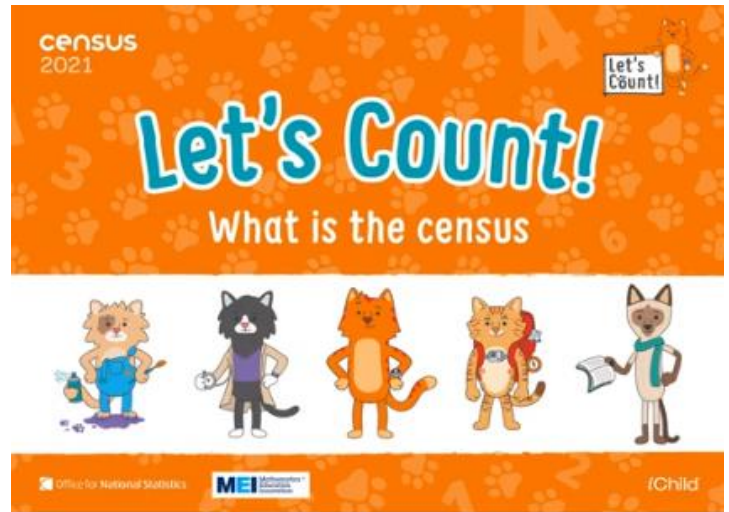
The census matters to all of us because the information it gives allows central and local government, businesses and charities to plan for the country's vital services such as schools, housing, transport and healthcare. The census is also an important historical document because it allows us to see how life in the UK has changed over any period during the 200 plus years that it has recorded information. It shows us how living conditions, jobs and families have changed. That's why it's so important for all grown-ups to complete it!

Click on one of the video clips to find out more.

EYFS/ KS1 <https://youtu.be/FyBn9TTyQGo>

Year 3 & 4 <https://youtu.be/dlg5CRSskL4>

Year 5 & 6 <https://youtu.be/T6zC07h1Mz0>



Week beginning 8th March - Week 2 Menu

HUNTERS HALL PRIMARY SCHOOL WRIST BAND MENU

HUNTERS HALL PRIMARY SCHOOL WRIST BAND MENU										
WEEK 2										
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	MEAT FREE FRIDAY					
Wrist Band RED	Chicken In A Wrap	Deep Filled Lasagne	Roast Beef & Yorkshire Pudding & Gravy	Chicken Chimichangas	Fish Fingers					
Wrist Band GREEN	Veggie Chilli	Macaroni Cheese	Quorn Roast	Veggie Chimichangas	Cheese & Caramelised Red Onion Puff					
Wrist Band YELLOW	Jacket Potato with Chilli or Baked Beans	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Baked Beans or Cheese					
Wrist Band PURPLE	Ham or Cheese Wrap	Tuna & Cucumber or Ham & Cucumber Baguette	Egg Mayonnaise & Cress or Cheese & Onion Baguette	Chicken & Coleslaw or Salmon & Cucumber Baguette	Tuna Mayo Lettuce or Egg Salad Lettuce Wrap					
EXTRAS	Sunshine Rice	Sweetcorn & Garlic Bread	Sliced Carrots Roast Potatoes Green Beans	Sweetcorn or Spicy Rice	Peas & Baked Beans & Chips					
	Salad	Salad	Salad	Salad	Salad					
	Mango Smoothie	Orange & Lemon Slice	Apple & Sultana Flapjack	Mini Fruit Bar	Banana Cake					
	Cheese & Crackers	Mini Fruit Bar	Fruit Yoghurt	Chocolate Mexican Brownie	Cheese & Crackers					

The Masked Reader

Click the image or visit <https://youtu.be/Ff2xnmr3gOU> to watch, listen to and solve our marvellous, mysterious manifestation.



Emoji Book Challenge for World Book Day

Here are the answers to last week's name the children's story books.

1. 🐈 🍷 🌟 🦋 🏠 🏆 = Charlotte's Web

2. 👨 👩 👦 🏠 🧙 🦊 🚪 = The Lion the Witch and the Wardrobe

3. 🧙 🦋 🗣️ 🗣️ 🗣️ 🗣️ 🗣️ = The BFG

4. 🧙 ⚡ 📖 🪄 = Harry Potter

5. 🦋 🍏 🍏 🍏 🍏 🍏 🍏 = The Very Hungry Caterpillar

6. 🍑 🍑 🍑 🍑 🍑 🍑 = Each Peach Pear Plum

7. 👤 🏠 ✂️ 📄 🗣️ = Lost and Found

8. 🧙 🪄 🐱 🐱 🐱 🐱 = Room on the Broom

9. 🏠 🏠 🏠 🏠 🏠 🏠 🏠 🏠 = Dear Zoo

10. 👨 👩 👦 📖 🌲 🌲 🌲 🏠 = We're Going on a Bear Hunt

11. 🐻 🍷 📖 🏠 🏠 🏠 = Paddington Bear

12. 🌳 🌳 ✂️ 🌳 🌳 🌳 = The Wind in the Willows

13. 🧙 🗣️ 🗣️ 🗣️ 🗣️ 🗣️ = The Secret Garden

14. 🏠 🗣️ 🗣️ 🗣️ 🗣️ 🗣️ = The Wizard of Oz

15. 🧙 🌳 🐱 🐱 🐱 🐱 = The Jungle Book

16. 🐰 🍷 🍏 🍏 🍏 🍏 = Peter Rabbit

17. 🏠 🏠 🗣️ 🗣️ 🗣️ 🗣️ = The Tiger that Came to Tea

18. 🧙 🧙 🧙 🧙 🧙 🧙 = Fantastic Mr Fox

19. 🏠 🗣️ ✂️ 🗣️ 🗣️ = Treasure Island

20. ? 🧙 🧙 🧙 🧙 🧙 = How to Train Your Dragon

21. 👤 🏠 👤 🗣️ 🗣️ = The Boy in the Dress

22. 🧙 🗣️ 🗣️ 🗣️ 🗣️ 🗣️ = Where the Wild Things Are

23. 🍷 🗣️ 🗣️ 🗣️ 🗣️ 🗣️ = Funny Bones

24. 🐱 🗣️ 🗣️ 🗣️ 🗣️ 🗣️ = The Gruffalo

25. 🧙 🗣️ 🗣️ 🗣️ 🗣️ 🗣️ = Alice in Wonderland

COMPETITION TIME

We would like you to design a new rules and regulation character

The Zones are Blue, Green, Yellow and Red

What Zone Are You In?			
Blue	Green	Yellow	Red
			
Sick Sad Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Yelling/Hitting Disgusted Out of Control

**THE WINNERS WILL
HAVE THEIR
CHARACTER PAINTED
IN THE PLAYGROUND**

Closing Date will be 26th March

Rainbow Breathing

Learn how to raise your energy and face your day with this empowering exercise.

Click the image or visit the following link: <https://family.gonoodle.com/activities/rainbow-breath>

RAINBOW BREATH

GoNoodle

Mindful March



ACTION CALENDAR: MINDFUL MARCH 2021



MONDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture & smell of your food

15 Stop, breathe and just notice. Repeat regularly during the day

22 Walk a different route today and see what you notice

29 Notice what is working today and be thankful that this is so

TUESDAY

2 Notice five things that are beautiful in the world outside

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune in to your feelings, without judging or trying to change

30 Mentally scan down your body and notice what it is feeling

WEDNESDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot 3 things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

31 Notice the joy to be found in the simple things of life

THURSDAY

4 Notice how you speak to yourself. Try to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 If you find yourself rushing, make an effort to slow down

25 Focus your attention on the good things you take for granted

FRIDAY

5 Take three calm breaths at regular intervals during your day

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Notice when you're tired and take a break as soon as possible

SATURDAY

6 Bring to mind people you care about and send love to them

13 Pause to just watch the sky or clouds for a few minutes today

20 Celebrate the International Day of Happiness dayofhappiness.net

27 Have a device-free day and enjoy the space it offers

SUNDAY

7 Have a "no plans" day and notice how that feels

14 Find ways to enjoy any chores or tasks that need doing

21 Listen to a piece of music without doing anything else

28 Appreciate nature around you, wherever you are

"Mindfulness means that we commit fully in each moment to be present" - Jon Kabat-Zinn



ACTION FOR HAPPINESS



www.actionforhappiness.org

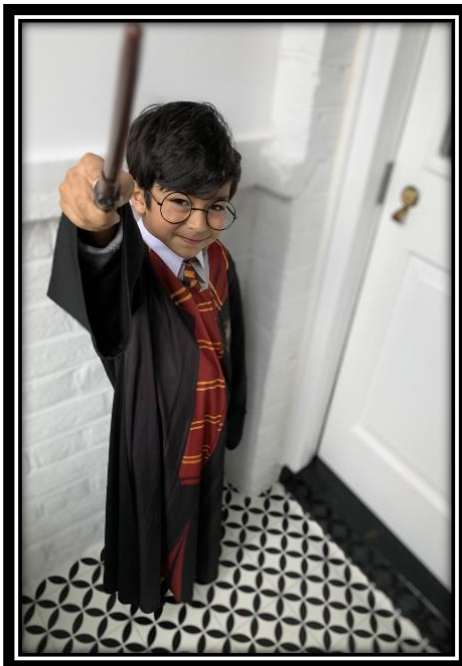
Learn more about this month's theme at www.actionforhappiness.org/mindful-march

Happier · Kinder · Together

World Book Day



Jaireh 3T characterised Elsa from Frozen. Head and body made from potatoes and wooden sticks. Hair, dress and cape made from old clothes.



Ayaan RB as Harry Potter



Melvinas 1H



Nicholas RM - The Gingerbread Man



Teddy-John Nursery & Olivia-Rose 2T



"Mirror mirror on the wall who is the fairest of them all?"

Eliana 4N as Snow White from the all-time favourite classic book Snow White and the Seven Dwarfs. In celebration of World Book Day, she said she will be wearing the costume for the rest of the day.



Safa 5S dressed as Snow White.



Aaila 6P dressed up as Harlequin.



Peyton 3T



Eva 6Y dressed as Annabeth from Percy Jackson



Zachariah 4R in his Kung Fu outfit.

World Book Day (continued)



Luca 5A as Harry Potter



My name is Furkan(4E).
 My favourite book is **Matilda** by Roald Dahl. My sister's favourite is **The Very Hungry Caterpillar** by Eric Carle. Her name is Meryem.
 We were playing inside the trampoline today.

World Book Day Bookmark Competition Entries



Manuela 6Y



Peyton 3T



Next week is British Science week. Ms Vernon would like the children to think about what their favourite innovation is?



My favourite innovation at the moment has to be video calls. It's been so wonderful connecting with my family and friends over video calls throughout the pandemic. It's also been so lovely connecting with the children who are learning at home.

By Ms Vernon

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Preparing Your Child For the First Day Back in School

As schools begin to open to more children, parents and children may well be feeling anxious. Here's some ideas of how best to prepare.

Be Calm.

Your child will take their lead from you and be reassured if you are steady and matter of fact.



Be Curious.

These are strange times and their imagination may run away with them. Listen, and try not to dismiss or minimise their fears but validate how they are feeling – “it’s completely fine to feel like that at the moment” or ‘I can really understand why you would feel like that’



Be Positive.

Remind them of all the ways they have learnt to keep themselves safe: washing their hands regularly, sneezing and coughing into their elbow, not hugging others and staying in their own space.



Be Thankful.

Help your child think of things they are looking forward to: being with their friends, seeing their teacher, favourite activities but be mindful some of these may not be available for them



Be Supportive

Younger children particularly may struggle with separation anxiety and may become tearful, clingy or act out. Reassure them that you will miss them too and think of them through out the day. It might be helpful to draw a little heart on their wrist and one on yours too. You can call it the hug button and when they find they are missing you they can press the heart and know that you will be doing the same at home. Sometimes having a little object to remind them of you through the day helps but please check this out with your school first.



Be Prepared.

Support your child to be aware of changes that may have happened to their classroom environment since they were there last and rehearse any new routines that school may have shared. Rehearse and practice your ‘goodbye’ routine and create a ‘hello’ greeting for the end of the day for them to look forward to.

